

Australian Weightlifting Federation
National Rankings as at 31 December 2010
Male - Open

56Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	David Hockins	1991	QLD	55.95	75	98	173	268.24	30/10/10	Queensland Senior Championships
2	Damien Hewish	1964	VIC	55.85	80	92	172	267.05	13/11/10	2010 VWA Open Championships
3	Laurence Reilly	1989	QLD	55.80	70	88	158	245.49	4/12/10	Mike Keelan Shield Competition
4	Simon Bannister	1991	TAS	55.90	67	86	153	237.39	20/03/10	2010 Australian Club Championships
5	Guo Sheng Tee	1994	QLD	52.00	66	82	148	243.28	5/06/10	Cairns North Green Ants Open Competition
6	Shane Wagner	1996	QLD	56.00	50	62	112	173.54	5/03/10	Toowoomba Open Club Competition
7	Korey Watson-Watt	1996	QLD	51.20	50	60	110	183.16	4/12/10	Mike Keelan Shield Competition
8	Bassel Rana	1996	NSW	53.44	45	63	108	173.63	18/12/10	Don Mitchell Memorial
9	Lachlan Scattergood	1997	VIC	56.00	47	60	107	165.79	3/09/10	2010 Victorian School Championships
10	Justice Fletcher	1995	QLD	54.35	45	60	105	166.54	23/10/10	Cairns Open Club Competition

62Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Daniel Koum	1985	VIC	61.85	119	145	264	380.10	11/10/10	2010 Commonwealth Games
2	Vannara Be	1988	VIC	61.80	117	143	260	374.55	23/10/10	Hawthorn WC Bill Keir Memorial Competition
3	David De Rose	1982	QLD	61.95	103	130	233	335.08	1/05/10	Cairns North Green Ants Open Competition
4	Scott Clark	1991	QLD	61.40	90	113	203	293.79	28/08/10	Sunshine Coast Club Competition
5	Simon Bannister	1991	TAS	61.32	85	106	191	276.68	28/08/10	President's Cup Round 7
6	Graham Walker	1970	NT	61.60	85	100	185	267.12	27/06/10	2010 Australian Masters Championships
7	Jack Rau	1993	NT	61.05	81	103	184	267.37	20/03/10	2010 Australian Club Championships
8	Sam Baumann	1992	QLD	61.50	76	104	180	260.20	27/11/10	QWA League Grand Final
9	Darryl Hockins	1988	QLD	61.90	78	97	175	251.82	20/03/10	2010 Australian Club Championships
10	David Hockins	1991	QLD	58.20	76	98	174	261.82	27/11/10	QWA League Grand Final

69Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Francois Etoundi	1984	VIC	69.00	125	150	275	368.05	4/05/10	Oceania Senior Weightlifting Championships - Fiji
2	Daniel Koum	1985	VIC	64.80	115	150	265	369.48	26/06/10	2010 Commonwealth Games Team Nomination Trials
3	Musa Kamara	1979	NSW	68.46	108	135	243	326.84	6/03/10	Sydney Confidential Open Competition
4	Steve McConnell	1991	VIC	68.95	104	126	230	307.96	20/03/10	2010 Australian Club Championships
5	Nathan Kahi	1992	QLD	67.45	95	128	223	302.81	4/12/10	Mike Keelan Shield Competition
6	Akashdeep Sing Gill	1988	VIC	68.60	94	120	214	287.46	13/11/10	2010 VWA Open Championships
7	Patrick Chow	1991	NSW	66.49	89	115	204	279.61	1/10/10	Sydney Confidential Open Comp & Bruce Walsh Memorial
9	Alan Vo	1989	NSW	68.75	87	110	197	264.26	13/11/10	Sydney Confidential Open Competition
8	Wei-Jien Tan	1990	VIC	68.00	88	105	193	260.71	20/03/10	2010 Australian Club Championships
10	Matthew Munns	1993	WA	68.45	83	110	193	259.62	31/10/10	WWA Invitational Competition

77Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Ben Turner	1984	QLD	76.39	133	175	308	387.97	11/10/10	2010 Commonwealth Games
2	Francois Etoundi	1984	VIC	71.75	133	160	293	382.80	26/06/10	2010 Commonwealth Games Team Nomination Trials
4	Ricky Gulyamov	1989	NSW	76.72	132	152	284	356.88	15/05/10	Sydney Confidential State Championships
3	Daniel Katz	1990	VIC	75.30	107	135	242	307.33	4/09/10	2010 Ian Laurie Cup
5	Steve McConnell	1991	VIC	76.10	110	132	242	305.49	18/12/10	Hawthorn Club Championships
6	Patrick Inglis	1989	SA	70.80	107	130	237	312.15	20/03/10	2010 Australian Club Championships
7	Chris Fratangelo	1989	TAS	76.60	105	130	235	295.56	19/06/10	Cliff Joyce Memorial Trophy & President's Cup Rd 5
8	Akashdeep Singh Gill	1989	VIC	73.65	100	130	230	295.85	29/05/10	VWA Open & Masters Grand Prix
9	Alex Goodyear	1972	NSW	76.75	108	121	229	287.70	13/11/10	Sydney Confidential Open Competition
10	Greg Kowalski	1984	VIC	76.95	98	118	216	270.98	18/12/10	Hawthorn Club Championships

85Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Simplice Ribouem	1982	VIC	84.69	150	183	333	397.32	11/10/10	2010 Commonwealth Games
2	Malek Chamoun	1989	NSW	83.85	135	170	305	365.71	11/12/10	2010 Australian Senior Championships
3	Ricky Gulyamov	1989	NSW	79.88	130	155	285	350.36	18/12/10	Don Mitchell Memorial
4	Troy Hewkins	1986	QLD	84.30	127	157	284	339.63	13/02/10	QWA League Round 1
5	Daniel Harris	1982	NSW	84.94	117	155	272	324.07	11/09/10	Sydney Confidential Open Championships
6	Alex Goodyear	1972	NSW	80.75	112	125	237	289.69	11/09/10	Sydney Confidential Open Championships
7	Chris Fratangelo	1989	TAS	78.38	110	125	235	291.85	27/11/10	State Championships & Presidents Cup Round 9
8	Scott Taylor	1989	TAS	84.30	105	130	235	281.03	19/06/10	Cliff Joyce Memorial Trophy & President's Cup Rd 5
9	Christian Hopper	1985	QLD	87.20	108	127	235	276.48	5/03/10	North Brisbane Open Competition
10	Emilio McFarland	1991	NSW	82.00	100	131	231	280.12	4/09/10	2010 Ian Laurie Cup

94Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Simplice Ribouem	1982	VIC	88.90	152	191	343	399.95	4/05/10	Oceania Senior Weightlifting Championships - Fiji
2	Max Dal Santo	1985	SA	93.10	145	176	321	366.74	20/03/10	2010 Australian Club Championships
3	Ben Mulder	1978	TAS	90.60	130	165	295	341.05	20/03/10	2010 Australian Club Championships
4	Zac Grgurevic	1991	TAS	93.32	130	160	290	330.99	27/11/10	State Championships & Presidents Cup Round 9
5	John Walz	1987	QLD	91.25	128	160	288	331.91	11/12/10	2010 Australian Senior Championships
6	Alex Wallace	1985	NSW	92.40	120	140	260	298.01	26/11/10	Triumph Weightlifting Club Competition
7	Scott Taylor	1989	TAS	88.15	113	140	253	296.16	4/09/10	2010 Ian Laurie Cup
8	Christian Hopper	1985	QLD	86.30	107	131	238	281.39	18/12/10	North Brisbane Open Competition
9	Chris Hooper	1984	VIC	90.25	105	130	235	272.15	13/11/10	2010 VWA Open Championships
10	Peter Spitalny	1966	WA	92.30	95	140	235	269.48	28/11/10	WWA GP#4 & Junior Shield #2

105Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Robert Galsworthy	1989	QLD	104.77	145	184	329	359.13	11/10/10	2010 Commonwealth Games
2	Aleksan Karapetyan	1970	VIC	100.50	150	175	325	360.12	26/06/10	2010 Commonwealth Games Team Nomination Trials
3	Lad Singh	1983	QLD	105.00	155	170	325	354.50	13/02/10	QWA League Round 1
4	Ali Gulyamov	1985	NSW	104.60	140	165	305	333.12	11/12/10	2010 Australian Senior Championships
5	Michael Pileggi	1975	WA	103.90	137	167	304	332.81	21/02/10	WWA GP#1
6	Simon Heffernan	1975	VIC	95.25	130	165	295	333.83	20/03/10	2010 Australian Club Championships
7	Zac Grgurevic	1991	TAS	92.65	130	162	292	334.30	11/12/10	2010 Australian Senior Championships
8	Peter Hardiman	1982	NSW	104.65	125	162	287	313.41	11/12/10	2010 Australian Senior Championships
9	Mitchil Mann	1987	NSW	103.30	128	158	286	313.74	11/12/10	2010 Australian Senior Championships
10	Emmanuel Citton	1982	NSW	98.80	125	160	285	317.85	27/02/10	Open Competition

105+Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date	Competition
1	Damon Kelly	1983	QLD	149.06	176	221	397	400.24	11/10/10	2010 Commonwealth Games
2	Corran Hocking	1980	VIC	146.50	170	193	363	366.67	26/06/10	2010 Commonwealth Games Team Nomination Trials
3	Adam Kok	1990	VIC	117.70	140	170	310	326.55	4/05/10	Oceania Junior Weightlifting Championships - Fiji
4	Todd Hodgetts	1988	TAS	146.90	132	161	293	295.87	23/10/10	Presidents Cup Round 8
5	Dean Lukin	1983	QLD	109.00	130	160	290	312.43	13/02/10	QWA League Round 1
6	Luke Gardner	1988	QLD	118.75	125	165	290	304.77	13/02/10	QWA League Round 1
7	Jordan Steffans	1989	SA	122.00	125	156	281	293.32	16/10/10	SA October State Masters Championships
8	Craig Wegert	1973	QLD	150.20	115	145	260	261.92	22/05/10	Queensland Masters Championships
9	Chris Eastwell	1978	WA	110.00	112	140	252	270.71	31/10/10	WWA Invitational Competition
10	Jack Hodges	1976	NSW	115.80	115	137	252	266.63	26/11/10	Triumph Weightlifting Club Competition

**Australian Weightlifting Federation
National Rankings as at 31 December 2010
Male - Junior**

56Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	David Hockins	1991	QLD	55.95	75	98	173	268.24	30/10/10
2	Simon Bannister	1991	TAS	55.90	67	86	153	237.39	20/03/10
3	Guo Sheng Tee	1994	QLD	52.00	66	82	148	243.28	5/06/10
4	Shane Wagner	1996	QLD	56.00	50	62	112	173.54	5/03/10
5	Korey Watson-Watt	1996	QLD	51.20	50	60	110	183.16	4/12/10
6	Bassel Rana	1996	NSW	53.44	45	63	108	173.63	18/12/10
7	Lachlan Scattergood	1997	VIC	56.00	47	60	107	165.79	3/09/10
8	Justice Fletcher	1995	QLD	54.35	45	60	105	166.54	23/10/10
9	Boris Elesin	1995	VIC	47.45	45	58	103	183.09	13/11/10
10	Blake Shadbolt	1998	WA	49.95	46	56	102	173.41	28/11/10

62Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Scott Clark	1991	QLD	61.40	90	113	203	293.79	28/08/10
2	Simon Bannister	1991	TAS	61.32	85	106	191	276.68	28/08/10
3	Jack Rau	1993	NT	61.05	81	103	184	267.37	20/03/10
4	Sam Baumann	1992	QLD	61.50	76	104	180	260.20	27/11/10
5	David Hockins	1991	QLD	58.20	76	98	174	261.82	27/11/10
6	David Bannister	1991	TAS	61.06	68	85	153	222.30	13/03/10
7	Luke Henriques-Gomez	1992	VIC	59.40	66	80	146	216.40	3/09/10
8	Shane Wagner	1996	QLD	60.90	61	77	138	200.88	3/12/10
9	Forbes Jamieson	1994	QLD	61.05	55	82	137	199.08	11/09/10
10	Samuel James	1998	WA	61.90	49	61	110	158.28	28/11/10

69Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Steve McConnell	1991	VIC	68.95	104	126	230	307.96	20/03/10
2	Nathan Kahi	1992	QLD	67.45	95	128	223	302.81	4/12/10
3	Patrick Chow	1991	NSW	66.49	89	115	204	279.61	1/10/10
4	Wei-Jien Tan	1990	VIC	68.00	88	105	193	260.71	20/03/10
5	Matthew Munns	1993	WA	68.45	83	110	193	259.62	31/10/10
6	Sam Baumann	1992	QLD	62.50	75	103	178	254.41	4/12/10
7	Jake Ratcliffe	1994	QLD	67.70	77	96	173	234.36	10/07/10
8	Alex Chee	1990	NSW	67.85	70	95	165	223.20	18/12/10
9	David Bannister	1991	TAS	64.35	70	90	160	224.14	23/10/10
10	Michael Winn	1994	QLD	67.55	71	87	158	214.34	13/02/10

77Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Daniel Katz	1990	VIC	75.30	107	135	242	307.33	4/09/10
2	Steve McConnell	1991	VIC	76.10	110	132	242	305.49	18/12/10
3	Emilio McFarland	1991	NSW	76.95	95	120	215	269.72	15/05/10
4	Liam Larkins	1993	VIC	76.02	92	120	212	267.78	18/08/10
5	Jaco Du Plessis	1991	QLD	75.05	93	111	204	259.56	11/07/10
6	Patrick Canavan	1992	NSW	77.00	88	110	198	248.31	11/09/10
7	Toby Ferrucci	1990	VIC	74.75	90	105	195	248.68	13/11/10
8	Wei-Jien Tan	1991	VIC	70.65	85	101	186	245.30	18/12/10
9	Michael Winn	1994	QLD	74.60	85	100	185	236.20	22/10/10
10	Matthew Pit	1991	VIC	74.50	80	100	180	230.00	17/04/10

Competition

Queensland Senior Championships
2010 Australian Club Championships
Cairns North Green Ants Open Competition
Toowoomba Open Club Competition
Mike Keelan Shield Competition
Don Mitchell Memorial
2010 Victorian School Championships
Cairns Open Club Competition
2010 VWA Open Championships
WWA GP#4 & Junior Shield #2

Competition

Sunshine Coast Club Competition
President's Cup Round 7
2010 Australian Club Championships
QWA League Grand Final
QWA League Grand Final
2010 Presidents Cup Round 2
2010 Victorian School Championships
Toowoomba Club Competition
2010 Qld All Schools Championships
WWA GP#4 & Junior Shield #2

Competition

2010 Australian Club Championships
Mike Keelan Shield Competition
Sydney Confidential Open Comp & Bruce Walsh Memorial
2010 Australian Club Championships
WWA Invitational Competition
Mike Keelan Shield Competition
2010 National Junior & Youth Championships
Don Mitchell Memorial
Presidents Cup Round 8
QWA League Round 1

Competition

2010 Ian Laurie Cup
Hawthorn Club Championships
Sydney Confidential State Championships
Youth Olympics, Singapore
2010 National Junior & Youth Championships
Sydney Confidential Open Championships
2010 VWA Open Championships
Hawthorn Club Championships
USQ Open Competition
2010 Victorian Masters C'Ships & VWA Open Competition

Competition

2010 Ian Laurie Cup
2010 VWA Open Championships
Victorian Age Championships
2010 National Junior & Youth Championships
2010 Ian Laurie Cup
Mike Keelan Shield Competition
2010 Ian Laurie Cup
Don Mitchell Memorial
Hawthorn Club Championships
Hawthorn WC Australia Day Competition

Competition

State Championships & Presidents Cup Round 9
Hawthorn Weightlifting Club Competition
Sydney Confidential Open Competition
Hawthorn WC Bill Keir Memorial Competition
Don Mitchell Memorial
VWA Open & Masters Grand Prix
WWA Open Competition
SAWLA November Open
Hawthorn WC Australia Day Competition
WWA Invitational Competition

Competition

2010 Australian Senior Championships
Victorian Age Championships
SAWLA February Open
2010 Ian Laurie Cup
Hawthorn WC Australia Day Competition
Sydney Confidential State Championships
Queensland Senior Championships
Victorian Age Championships
Hawthorn Club Championships
Don Mitchell Memorial

Competition

Oceania Junior Weightlifting Championships - Fiji
2010 Ian Laurie Cup
Oceania Youth Weightlifting Championships - Fiji
Cairns North Green Ants Open Competition
2010 VWA Open Championships
Don Mitchell Memorial
Mike Keelan Shield Competition
SAWLA February Open

**Australian Weightlifting Federation
National Rankings as at 31 December 2010
Male - Youth**

50kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Boris Elesin	1995	VIC	47.45	45	58	103	183.09	13/11/10
2	Blake Shadbolt	1998	WA	49.95	46	56	102	173.41	28/11/10
3	Joshua Wu	1996	QLD	45.20	45	55	100	185.72	17/04/10
4	James Norman	1996	QLD	45.80	42	54	96	176.16	31/07/10
5	Korey Watson-Watt	1996	QLD	49.05	41	52	93	160.59	31/07/10
6	Joshua Wegert	1996	QLD	50.00	37	52	89	151.18	5/06/10
7	Luke Robinson	1996	NSW	48.20	38	42	80	140.26	26/11/10
8	Joshua Wu	1996	QLD	48.90	35	40	75	129.85	4/12/10
9	James Delaney	1996	VIC	44.10	31	42	73	138.71	18/06/10
10	Jordan Wales	1998	WA	50.00	32	41	73	124.00	21/02/10

56Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Guo Sheng Tee	1994	QLD	52.00	66	82	148	243.28	5/06/10
2	Shane Wagner	1996	QLD	56.00	50	62	112	173.54	5/03/10
3	Korey Watson-Watt	1996	QLD	51.20	50	60	110	183.16	4/12/10
4	Bassel Rana	1996	NSW	53.44	45	63	108	173.63	18/12/10
5	Lachlan Scattergood	1997	VIC	56.00	47	60	107	165.79	3/09/10
6	Justice Fletcher	1995	QLD	54.35	45	60	105	166.54	23/10/10
7	Delan Dasanayake	1993	QLD	55.95	45	57	102	158.15	28/08/10
8	Joshua Wegert	1996	QLD	51.70	39	53	92	151.95	11/09/10
9	Jordan Luciroo	1995	WA	53.20	40	51	91	146.83	28/11/10
10	Jordan Wales	1998	WA	54.30	37	47	84	133.33	6/06/10

62Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Jack Rau	1993	NT	61.05	81	103	184	267.37	20/03/10
2	Shane Wagner	1996	QLD	60.90	61	77	138	200.88	3/12/10
3	Forbes Jamieson	1994	QLD	61.05	55	82	137	199.08	11/09/10
4	Samuel James	1998	WA	61.90	49	61	110	158.28	28/11/10
5	Jesse Csallo	1995	QLD	58.60	45	64	109	163.18	3/12/10
6	Delan Dasanayake	1993	QLD	56.90	47	60	107	163.77	23/10/10
7	Wade Ross	1994	QLD	57.05	42	60	102	155.81	23/10/10
8	Kyle Watson	1996	VIC	60.85	42	60	102	148.57	13/11/10
9	Zac Putman	1994	VIC	61.55	40	60	100	144.47	30/07/10
10	David Eddy	1997	VIC	61.95	40	55	95	136.62	3/09/10

69Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Matthew Munns	1993	WA	68.45	83	110	193	259.62	31/10/10
2	Jake Ratcliffe	1994	QLD	67.70	77	96	173	234.36	10/07/10
3	Michael Winn	1994	QLD	67.55	71	87	158	214.34	13/02/10
4	Jakob Daniels	1995	QLD	68.20	55	85	140	188.76	13/11/10
5	Jordan Wacek	1993	QLD	66.70	55	75	130	177.81	23/10/10
6	Simon Rassy	1993	NSW	69.00	52	78	130	173.99	1/10/10
7	Aaron Sym	1995	QLD	68.45	55	72	127	170.84	10/07/10
8	Liam Koutros	1997	VIC	67.30	55	68	123	167.26	3/09/10
9	Simon Wilkinson	1995	QLD	65.05	52	68	120	166.88	23/10/10
10	Josh Wenhuda	1995	VIC	63.15	51	66	117	166.03	3/09/10

77Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Liam Larkins	1993	VIC	76.02	92	120	212	267.78	18/08/10
2	Michael Winn	1994	QLD	74.60	85	100	185	236.20	22/10/10
3	Jake Ratcliffe	1994	QLD	71.30	77	100	177	232.13	31/07/10
4	Jackson Hughes	1993	WA	73.40	75	92	167	215.24	21/02/10
5	Jakob Daniels	1995	QLD	69.60	70	95	165	219.63	18/12/10
6	Simon Rassy	1993	NSW	71.12	65	85	150	197.02	18/12/10
7	Patrick Ryan	1995	VIC	73.40	65	82	147	189.47	30/07/10
8	Aaron Sym	1995	QLD	73.85	59	80	139	178.52	27/11/10
9	Nathan Phillips	1994	VIC	70.65	60	76	136	179.36	3/09/10
10	Julio Melo Jnr	1995	VIC	76.95	60	70	130	163.09	23/01/10

85Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Henry Wen	1993	QLD	83.15	85	105	190	228.78	13/02/10
2	John Pakchung	1993	QLD	79.00	81	100	181	223.83	4/12/10
3	Luke Lilli	1994	NSW	77.64	70	90	160	199.74	18/12/10
4	Matthew Vinson	1993	QLD	81.65	65	82	147	178.65	11/09/10
8	John Cichello	1993	VIC	81.35	60	85	145	176.55	18/12/10
5	Keelan White	1994	QLD	82.40	61	80	141	170.56	23/10/10
6	Tom Patterson	1993	WA	83.75	60	79	139	166.77	30/05/10
7	Matthew Newman	1995	TAS	84.99	57	82	139	165.56	23/10/10
9	Julio Melo Jnr	1995	VIC	84.80	63	72	135	160.97	17/04/10
10	Nathan Gill	1994	QLD	80.50	65	65	130	159.16	18/12/10

94Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Ryan Pasfield	1993	NSW	87.14	90	128	218	256.56	18/12/10
2	Jordy Gallacher	1993	WA	85.10	91	112	203	241.64	31/10/10
3	Tom Paterson	1993	WA	86.50	70	90	160	188.96	31/10/10
4	Julio Melo	1995	VIC	91.10	62	80	142	163.77	10/07/10
5	James Kidd	1993	SA	88.36	58	80	138	161.36	13/11/10
6	Luke Tolhurst	1994	NSW	89.98	60	75	135	156.55	18/12/10
7	Matthew Lilli	1996	NSW	93.74	58	70	128	145.81	24/04/10
8	Hugh McPhail	1995	QLD	88.00	55	70	125	146.44	17/04/10
9	Rohan Johns	1994	VIC	86.30	45	65	110	130.06	3/09/10
10	Antonio Russo	1994	VIC	91.85	50	60	110	126.41	3/09/10

Competition

2010 VWA Open Championships
WWA GP#4 & Junior Shield #2
QWA League Round & Masters League Round 2
QWA League & Masters League Round 3
QWA League & Masters League Round 3
USQ Club Competition
Triumph Weightlifting Club Competition
Mike Keelan Shield Competition
Victorian School League
WWA GP#1

Competition

Cairns North Green Ants Open Competition
Toowoomba Open Club Competition
Mike Keelan Shield Competition
Don Mitchell Memorial
2010 Victorian School Championships
Cairns Open Club Competition
QWA All Schools C'Ships & JME Club Championships Rd 3
2010 Qld All Schools Championships
WWA GP#4 & Junior Shield #2
WWA State U20, U17 & U15 Championships

Competition

2010 Australian Club Championships
Toowoomba Club Competition
2010 Qld All Schools Championships
WWA GP#4 & Junior Shield #2
Toowoomba Club Competition
Cairns Open Club Competition
Cairns Open Club Competition
2010 VWA Open Championships
Victoria Cup 2010
2010 Victorian School Championships

Competition

WWA Invitational Competition
2010 National Junior & Youth Championships
QWA League Round 1
Sunshine Coast Club Competition
Cairns Open Club Competition
Sydney Confidential Open Comp & Bruce Walsh Memorial
2010 Australian Under 15 Tournament
2010 Victorian School Championships
Cairns Open Club Competition
2010 Victorian School Championships

Competition

Youth Olympics, Singapore
USQ Open Competition
QWA League & Masters League Round 3
WWA GP#1
Sunshine Coast Club Competition
Don Mitchell Memorial
Victoria Cup 2010
QWA League Grand Final
2010 Victorian School Championships
Hawthorn WC Australia Day Competition

Competition

QWA League Round 1
Mike Keelan Shield Competition
Don Mitchell Memorial
2010 Qld All Schools Championships
Hawthorn Club Championships
Cairns Open Club Competition
WWA State Seniors & Master's Championships
Presidents Cup Round 8
2010 Victorian Masters C'Ships & VWA Open Competition
Sunshine Coast Club Competition

Competition

Don Mitchell Memorial
WWA Invitational Competition
WWA Invitational Competition
2010 Australian Under 15 Tournament
SAWLA November Open
Don Mitchell Memorial
Sydney Confidential Open & Masters Championships
QWA League Round & Masters League Round 2
2010 Victorian School Championships
2010 Victorian School Championships

Competition

Oceania Youth Weightlifting Championships - Fiji

Hawthorn Club Championships

Don Mitchell Memorial

QWA All Schools C'Ships & JME Club Championships Rd 3

Don Mitchell Memorial

Mike Keelan Shield Competition

**Australian Weightlifting Federation
National Rankings as at 31 December 2010
Male - Under 15**

38Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Ryan D'Argent	1997	VIC	36.40	15	28	43	99.01	3/09/10
2									
3									
4									
5									
6									
7									
8									
9									
10									

42Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Dylan Martin	96	VIC	39.20	22	30	52	110.84	30/07/10
2	Korey Watson-Watt	1996	QLD	41.40	20	27	47	94.87	13/02/10
3	Chris Roberts	1998	VIC	40.35	20	25	45	93.17	3/09/10
4	Brayden Bellotti	1997	QLD	38.10	17	19	36	79.01	15/05/10
5									
6									
7									
8									
9									
10									

46Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Joshua Wu	1996	QLD	45.20	45	55	100	185.72	17/04/10
2	James Norman	1996	QLD	45.80	42	54	96	176.16	31/07/10
3	Boris Elesin	1995	VIC	44.85	39	53	92	172.09	10/07/10
4	Blake Shadbolt	1998	WA	45.90	38	48	86	157.49	30/05/10
5	James Delaney	1996	VIC	44.10	31	42	73	138.71	18/06/10
6	Luke Robinson	1996	NSW	44.61	29	36	65	122.19	15/05/10
7	Jackson Harry	1996	VIC	45.20	28	35	63	117.00	30/07/10
8									
9									
10									

50Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Boris Elesin	1995	VIC	47.45	45	58	103	183.09	13/11/10
2	Blake Shadbolt	1998	WA	49.95	46	56	102	173.41	28/11/10
3	James Norman	1996	QLD	46.50	40	55	95	171.94	2/10/10
4	Korey Watson-Watt	1996	QLD	49.05	41	52	93	160.59	31/07/10
5	Joshua Wegert	1996	QLD	50.00	37	52	89	151.18	5/06/10
6	Luke Robinson	1996	NSW	48.20	38	42	80	140.26	26/11/10
7	Joshua Wu	1996	QLD	48.90	35	40	75	129.85	4/12/10
8	Jordan Wales	1998	WA	50.00	32	41	73	124.00	21/02/10
9	Jackson Farley	1996	VIC	47.70	24	33	57	100.85	3/09/10
10	Tristan Marinelli	1997	VIC	49.65	22	30	52	88.86	18/06/10

56Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Shane Wagner	1996	QLD	56.00	50	62	112	173.54	5/03/10
2	Korey Watson-Watt	1996	QLD	51.20	50	60	110	183.16	4/12/10
3	Bassel Rana	1996	NSW	53.44	45	63	108	173.63	18/12/10
4	Lachlan Scattergood	1997	VIC	56.00	47	60	107	165.79	3/09/10
5	Justice Fletcher	1995	QLD	54.35	45	60	105	166.54	23/10/10
6	Joshua Wegert	1996	QLD	51.70	39	53	92	151.95	11/09/10
7	Jordan Luciroo	1995	WA	53.20	40	51	91	146.83	28/11/10
8	Jordan Wales	1998	WA	54.30	37	47	84	133.33	6/06/10
9	Brynn Morrell	1997	VIC	55.25	30	36	66	103.34	3/09/10

10	Tristan Marinelli	1997	VIC	50.80	25	33	58	97.21	3/09/10
----	-------------------	------	-----	-------	----	----	----	-------	---------

62Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Shane Wagner	1996	QLD	60.90	61	77	138	200.88	3/12/10
2	Samuel James	1998	WA	61.90	49	61	110	158.28	28/11/10
3	Jesse Csallo	1995	QLD	58.60	45	64	109	163.18	3/12/10
4	Kyle Watson	1996	VIC	60.85	42	60	102	148.57	13/11/10
5	David Eddy	1997	VIC	61.95	40	55	95	136.62	3/09/10
6	Jayden Brewster	1995	VIC	61.40	40	50	90	130.25	18/06/10
7	Harrison Pescarini	1995	VIC	61.50	40	50	90	130.10	30/07/10
8	Scott Tolhurst	1996	NSW	57.74	35	50	85	128.67	1/10/10
9	Jarrold Koutros	1997	VIC	59.85	40	45	85	125.29	18/06/10
10	James Murray	1997	VIC	61.80	35	47	82	118.13	18/06/10

Competition

2010 Victorian School Championships

Competition

Victoria Cup 2010

QWA League Round 1

2010 Victorian School Championships

Qld Junior & Youth & U15 Championships

Competition

QWA League Round & Masters League Round 2

QWA League & Masters League Round 3

2010 Australian Under 15 Tournament

WWA State Seniors & Master's Championships

Victorian School League

Sydney Confidential State Championships

Victoria Cup 2010

Competition

2010 VWA Open Championships

WWA GP#4 & Junior Shield #2

QWA League & Masters League Round 4

QWA League & Masters League Round 3

USQ Club Competition

Triumph Weightlifting Club Competition

Mike Keelan Shield Competition

WWA GP#1

2010 Victorian School Championships

Victorian School League

Competition

Toowoomba Open Club Competition

Mike Keelan Shield Competition

Don Mitchell Memorial

2010 Victorian School Championships

Cairns Open Club Competition

2010 Qld All Schools Championships

WWA GP#4 & Junior Shield #2

WWA State U20, U17 & U15 Championships

2010 Victorian School Championships

2010 Victorian School Championships

Competition

Toowoomba Club Competition

WWA GP#4 & Junior Shield #2

Toowoomba Club Competition

2010 VWA Open Championships

2010 Victorian School Championships

Victorian School League

Victoria Cup 2010

Sydney Confidential Open Comp & Bruce Walsh Memorial

Victorian School League

Victorian School League

Competition

Sunshine Coast Club Competition
2010 Australian Under 15 Tournament
2010 Victorian School Championships
Cairns Open Club Competition
2010 Victorian School Championships
Victoria Cup 2010
QWA All Schools C'Ships & JME Club Championships Rd 3
Victorian School League
QWA League Round 1
QWA All Schools C'Ships & JME Club Championships Rd 3

Competition

Sunshine Coast Club Competition
Victoria Cup 2010
QWA League Grand Final
Hawthorn WC Australia Day Competition
2010 Presidents Cup Round 1
QWA League & Masters League Round 3
Cairns Open Club Competition
Victoria Cup 2010
Toowoomba Club Competition
Victoria Cup 2010

Competition

Presidents Cup Round 8
2010 Victorian Masters C'Ships & VWA Open Competition
Qld Junior & Youth & U15 Championships
Victoria Cup 2010
2010 Victorian School Championships
NTIS Open Competition

Competition

2010 Australian Under 15 Tournament
Sydney Confidential Open & Masters Championships
QWA League Round & Masters League Round 2
SAWLA February Open
QWA All Schools C'Ships & JME Club Championships Rd 3
SAWLA December Open
Victoria Cup 2010

Competition

Hawthorn Club Championships

Don Mitchell Memorial

Don Mitchell Memorial

Mike Keelan Shield Competition

**Australian Weightlifting Federation
National Rankings as at 31 December 2010
Female - Open**

48Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Vivian Lee	1978	VIC	47.66	69	91	160	245.91	11/10/10
2	Socheata Be	1989	VIC	48.00	62	78	140	213.82	1/05/10
3	Deborah Groves	1970	NSW	47.85	56	72	128	196.03	11/12/11
4	Mary Macken	1961	NSW	47.95	44	50	94	143.70	27/06/10
5	Courtenay Chisholm	1995	TAS	46.50	38	50	88	138.28	4/05/10
6	Kara Stuart	1994	QLD	47.15	38	50	88	136.56	20/03/10
7	Tiarna Davis	1999	TAS	46.14	34	50	84	132.94	27/11/10
8	Rebecca Hunter	1985	WA	44.30	34	44	78	128.24	30/05/10
9	Nakieta Davis	1997	TAS	39.86	30	38	68	124.30	27/11/10
10	Bridie Taylor	1997	TAS	41.83	30	36	66	114.79	27/11/10

53Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Erika Yamasaki	1987	QLD	52.65	75	96	171	241.67	26/06/10
2	Vivian Lee	1978	VIC	49.15	68	87	155	231.90	28/08/10
3	Socheata Be	1989	VIC	51.45	68	83	151	217.41	28/08/10
4	Rebecca Rush	1982	TAS	53.00	63	78	141	198.22	20/03/10
5	Deborah Groves	1970	NSW	51.85	54	73	127	181.71	4/09/10
6	Kirsten Wu	1993	QLD	52.60	53	68	121	171.13	4/05/10
7	Lisa Souter	1973	QLD	53.00	51	66	117	164.48	27/06/10
8	Mary Macken	1961	NSW	49.70	45	57	102	151.16	24/04/10
9	Kara Stuart	1994	QLD	51.05	42	57	99	143.46	30/10/10
10	Sophie Cowen	1997	TAS	52.74	41	54	95	134.08	27/11/10

58Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Seen Lee	1982	VIC	57.50	88	106	194	256.49	26/06/10
2	Kirsten Wu	1993	QLD	57.90	63	83	146	192.08	30/10/10
3	Rebecca Rush	1982	TAS	56.85	61	80	141	187.95	23/10/10
4	Bianca Sheppard	1992	QLD	57.70	68	73	141	185.96	13/02/10
5	Jessica Edge	1986	SA	56.92	61	76	137	182.46	16/10/10
6	Rebecca Eastwell	1979	WA	57.40	56	70	126	166.80	30/05/10
7	Andrea Mullins	1994	NT	55.45	54	71	125	169.72	11/07/10
8	Diana Loy	1965	QLD	57.80	45	72	117	154.11	25/09/10
9	Lisa Souter	1973	QLD	54.10	50	64	114	157.71	4/06/10
10	Tanya Beths	1989	QLD	58.00	47	67	114	149.80	13/02/10

63Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Seen Lee	1982	VIC	58.70	90	106	196	255.38	29/05/10
2	Jacque White	1982	VIC	62.20	81	96	177	221.84	20/03/10
3	Nicole Chamberlain	1978	SA	62.94	77	90	167	207.73	29/05/10
4	Michelle Kahi	1994	QLD	62.43	74	92	166	207.56	17/08/10
5	Christine Meier	1983	QLD	62.25	73	88	161	201.68	30/10/10
6	Melissa Robinson	1981	QLD	61.50	70	88	158	199.49	30/10/10
7	Rachel Griffiths	1984	TAS	61.50	68	85	153	193.18	20/03/10
8	Rebecca Eastwell	1979	WA	61.85	61	74	135	169.82	1/10/10
9	Diana Loy	1965	QLD	59.65	55	78	133	171.39	31/07/10
10	Bianca Sheppard	1992	QLD	61.80	60	73	133	167.39	22/10/10

69Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Belinda Van Tienen	1986	VIC	68.70	86	104	190	224.39	20/03/10
2	Camilla Fogagnolo	1986	TAS	68.38	77	106	183	216.68	13/03/10
3	Nicole Chamberlain	1978	SA	66.30	82	94	176	212.10	20/03/10
4	Michelle Kahi	1994	QLD	68.60	70	100	170	200.93	4/12/10
5	Jacquie White	1982	VIC	65.80	75	93	168	203.37	11/12/10
6	Rachel Griffiths	1984	TAS	68.05	70	95	165	195.90	11/12/10
7	Elena Palamara	1986	NSW	68.20	73	88	161	190.91	19/07/10
8	Jenny Butler	1973	QLD	69.00	64	79	143	168.48	2/10/10
9	Kelly O'Meara	1982	VIC	67.75	54	74	128	152.35	13/11/10
10	Sara Kersten-Murphy	1983	VIC	64.85	56	71	127	155.08	17/04/10

75Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Jenna Myers	1986	TAS	74.22	95	113	208	236.02	11/10/10
2	Belinda Van Tienen	1986	VIC	73.20	87	109	196	223.91	28/08/10
3	Amanda Phillips	1981	QLD	74.18	86	110	196	222.46	11/10/10
4	Elena Palamara	1986	NSW	70.21	70	90	160	186.74	18/12/10
5	Bonnie Sleeman	1993	QLD	74.25	64	75	139	157.70	20/03/10
6	Jenny Butler	1973	QLD	71.45	60	78	138	159.59	13/02/10
7	Stacy Koh	1985	QLD	74.80	54	74	128	144.71	27/11/10
8	Carley McKay	1986	VIC	70.20	57	66	123	143.57	20/03/10
9	Alecia Lovelock	1990	WA	69.65	54	68	122	143.00	11/04/10
10	Linda Hancock	1970	NSW	71.20	52	66	118	136.71	1/10/10

75+Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Deborah Acason	1983	QLD	92.95	110	135	245	255.31	11/10/10
2	Jenna Myers	1986	TAS	78.15	96	115	211	233.84	4/09/10
3	Amanda Phillips	1981	QLD	78.60	85	105	190	210.04	13/02/10
4	Kaitlyn Fassina	1990	TAS	86.05	80	85	165	176.12	23/10/10
5	Kate Linford	1987	VIC	112.00	74	90	164	164.97	28/08/10
6	Kathryn Davis	1986	NSW	84.40	70	80	150	161.21	27/02/10
7	Bonnie Sleeman	1993	QLD	76.80	65	81	146	163.05	11/09/10
8	Margaret Satupai	1992	VIC	123.80	58	82	140	140.01	4/09/10
9	Robyn Turnor	1978	WA	78.00	60	77	137	151.95	11/04/10
10	Anita Millington	1986	TAS	140.04	60	75	135	135.00	19/06/10

Competition

2010 Commonwealth Games
Hawthorn Weightlifting Club Competition
2010 Australian Senior Championships
2010 Australian Masters Championships
Oceania Youth & Junior Weightlifting Championships - Fiji
2010 Australian Club Championships
State Championships & Presidents Cup Round 9
WWA State Seniors & Master's Championships
State Championships & Presidents Cup Round 9
State Championships & Presidents Cup Round 9

Competition

2010 Commonwealth Games Team Nomination Trials
HYC Alby Dutton Cup
HYC Alby Dutton Cup
2010 Australian Club Championships
2010 Ian Laurie Cup
Oceania Senior, Youth & Junior Weightlifting Championships - Fiji
2010 Australian Masters Championships
Sydney Confidential Open & Masters Championships
Queensland Senior Championships
State Championships & Presidents Cup Round 9

Competition

2010 Commonwealth Games Team Nomination Trials
Queensland Senior Championships
Presidents Cup Round 8
QWA League Round 1
SA October State Masters Championships
WWA State Seniors & Master's Championships
2010 National Junior & Youth Championships
2010 World Masters Weightlifting Championships
Toowoomba Club Competition
QWA League Round 1

Competition

VWA Open & Masters Grand Prix
2010 Australian Club Championships
SAWLA May Open
Youth Olympics, Singapore
Queensland Senior Championships
Queensland Senior Championships
2010 Australian Club Championships
WWA Open Competition
QWA League & Masters League Round 3
Toowoomba Club Competition

Competition

2010 Australian Club Championships
2010 Presidents Cup Round 2
2010 Australian Club Championships
Mike Keelan Shield Competition
2010 Australian Senior Championships
2010 Australian Senior Championships
Florida Elite Vs Titans WCL
QWA League & Masters League Round 4
2010 VWA Open Championships
2010 Victorian Masters C'Ships & VWA Open Competition

Competition

2010 Commonwealth Games
HYC Alby Dutton Cup
2010 Commonwealth Games
Don Mitchell Memorial
2010 Australian Club Championships
QWA League Round 1
QWA League Grand Final
2010 Australian Club Championships
WWA GP#2 Competition
Sydney Confidential Open Comp & Bruce Walsh Memorial

Competition

2010 Commonwealth Games
2010 Ian Laurie Cup
QWA League Round 1
Presidents Cup Round 8
HYC Alby Dutton Cup
Open Competition
2010 Qld All Schools Championships
2010 Ian Laurie Cup
WWA GP#2 Competition
Cliff Joyce Memorial Trophy & President's Cup Rd 5

**Australian Weightlifting Federation
National Rankings as at 31 December 2010
Female - Junior**

48Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Courtenay Chisholm	1995	TAS	46.50	38	50	88	138.28	4/05/10
2	Kara Stuart	1994	QLD	47.15	38	50	88	136.56	20/03/10
3	Tiarna Davis	1999	TAS	46.14	34	50	84	132.94	27/11/10
4	Nakieta Davis	1997	TAS	39.86	30	38	68	124.30	27/11/10
5	Bridie Taylor	1997	TAS	41.83	30	36	66	114.79	27/11/10
6	Alexandra Martin	1997	WA	48.00	27	34	61	93.16	24/04/10
7	Hayley Ward	1997	QLD	45.40	20	28	48	77.11	18/12/10
8	Maree Brady	1996	QLD	42.80	20	25	45	76.50	4/06/10
9	Alison Wenhoda	1998	VIC	41.45	15	27	42	73.73	18/06/10
10	Maddy Woodcock	1998	VIC	36.35	17	15	32	64.70	3/09/10

53Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Kirsten Wu	1993	QLD	52.60	53	68	121	171.13	4/05/10
2	Kara Stuart	1994	QLD	51.05	42	57	99	143.46	30/10/10
3	Sophie Cowen	1997	TAS	52.74	41	54	95	134.08	27/11/10
4	Alexandra Martin	1997	WA	48.60	30	38	68	102.73	8/08/10
5	Caitlyn Feurer	1996	QLD	51.40	20	26	46	66.28	31/07/10
6									
7									
8									
9									
10									

58Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Kirsten Wu	1993	QLD	57.90	63	83	146	192.08	30/10/10
2	Bianca Sheppard	1992	QLD	57.70	68	73	141	185.96	13/02/10
3	Andrea Mullins	1994	NT	55.45	54	71	125	169.72	11/07/10
4	Reachny Be	1994	VIC	57.70	53	60	113	149.03	13/11/10
5	Sarah Castree	1990	SA	54.95	45	61	106	144.91	23/01/10
6	Sophie Cowen	1997	TAS	53.94	38	51	89	123.41	28/08/10
7	Wanita Connor	1995	QLD	57.95	32	43	75	98.61	10/07/10
8	Taela O'Shea	1995	QLD	57.85	24	35	59	77.67	4/06/10
9	Lauren Whittle	1994	VIC	54.10	17	30	47	65.02	5/06/10
10									

63Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Michelle Kahi	1994	QLD	62.43	74	92	166	207.56	17/08/10
2	Bianca Sheppard	1992	QLD	61.80	60	73	133	167.39	22/10/10
3	Tierney Molenaar	1991	QLD	62.80	55	65	120	149.48	15/05/10
4	Hannah Spitalny	1995	WA	63.00	45	58	103	128.05	31/10/10
5	Emma Hitchener	1992	QLD	62.30	40	53	93	116.44	3/12/10
6	Lizzie Watson	1992	VIC	62.90	35	50	85	105.78	3/09/10
7	Wanita Connor	1995	QLD	58.60	33	46	79	103.06	31/07/10
8	Taela O'Shea	1995	QLD	61.20	24	37	61	77.27	10/07/10
9	Jessica Sanders	1996	QLD	63.00	26	35	61	75.83	10/07/10
10	Beth Tolputt	1996	QLD	59.40	21	27	48	62.03	13/11/10

Competition

Oceania Youth & Junior Weightlifting Championships - Fiji
2010 Australian Club Championships
State Championships & Presidents Cup Round 9
State Championships & Presidents Cup Round 9
State Championships & Presidents Cup Round 9
WWA Under 15/Under 17 Competition + Junior Shield #1
Sunshine Coast Club Competition
Toowoomba Club Competition
Victorian School League
2010 Victorian School Championships

Competition

Oceania Senior, Youth & Junior Weightlifting Championships - Fiji
Queensland Senior Championships
State Championships & Presidents Cup Round 9
WWA GP#3 Competition + Premier Cup
QWA League & Masters League Round 3

Competition

Queensland Senior Championships
QWA League Round 1
2010 National Junior & Youth Championships
2010 VWA Open Championships
Hawthorn WC Australia Day Competition
President's Cup Round 7
2010 Australian Under 15 Tournament
Cougars Open Club Competition
Victorian Age Championships

Competition

Youth Olympics, Singapore
Toowoomba Club Competition
Qld Junior & Youth & U15 Championships
WWA Invitational Competition
Toowoomba Club Competition
2010 Victorian School Championships
QWA League & Masters League Round 3
2010 Australian Under 15 Tournament
2010 Australian Under 15 Tournament
Sunshine Coast Club Competition

Competition

Mike Keelan Shield Competition
WWA State U20, U17 & U15 Championships
WWA GP#4 & Junior Shield #2
WWA GP#3 Competition + Premier Cup
QWA League & Masters League Round 3
2010 National Junior & Youth Championships
Toowoomba Club Competition
Victorian Age Championships
QWA League & Masters League Round 3

Competition

2010 Australian Club Championships
WWA GP#2 Competition
WWA Invitational Competition
Toowoomba Club Competition
2010 Presidents Cup Round 2
Cliff Joyce Memorial Trophy & President's Cup Rd 5

Competition

Presidents Cup Round 8
2010 Qld All Schools Championships
2010 Ian Laurie Cup
Triumph Weightlifting Club Competition
2010 National Junior & Youth Championships
2010 VWA Open Championships

Competition

President's Cup Round 7
State Championships & Presidents Cup Round 9
State Championships & Presidents Cup Round 9
Toowoomba Club Competition
Victorian School League
2010 Victorian School Championships

Competition

Oceania Youth & Junior Weightlifting Championships - Fiji
2010 Australian Club Championships
State Championships & Presidents Cup Round 9
WWA Under 15/Under 17 Competition + Junior Shield #1
Sunshine Coast Club Competition

Competition

Oceania Senior, Youth & Junior Weightlifting Championships - Fiji
Queensland Senior Championships
State Championships & Presidents Cup Round 9
WWA GP#3 Competition + Premier Cup
QWA League & Masters League Round 3

Competition

Queensland Senior Championships
2010 National Junior & Youth Championships
2010 VWA Open Championships
President's Cup Round 7
2010 Australian Under 15 Tournament
Cougars Open Club Competition
Victorian Age Championships

Competition

Youth Olympics, Singapore
WWA Invitational Competition
QWA League & Masters League Round 3
2010 Australian Under 15 Tournament
2010 Australian Under 15 Tournament
Sunshine Coast Club Competition

Competition

Mike Keelan Shield Competition
WWA GP#4 & Junior Shield #2
WWA GP#3 Competition + Premier Cup
2010 National Junior & Youth Championships
Toowoomba Club Competition
QWA League & Masters League Round 3

Competition

2010 Qld All Schools Championships
WWA Invitational Competition
2010 National Junior & Youth Championships
2010 VWA Open Championships
Toowoomba Club Competition
2010 Presidents Cup Round 2

48Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Courtenay Chisholm	1995	TAS	46.50	38	50	88	138.28	4/05/10
2	Tiarna Davis	1999	TAS	46.14	34	50	84	132.94	27/11/10
3	Alexandra Martin	1997	WA	48.00	27	34	61	93.16	24/04/10
4	Hayley Ward	1997	QLD	45.40	20	28	48	77.11	18/12/10
5									
6									
7									
8									
9									
10									

53Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Sophie Cowen	1997	TAS	52.74	41	54	95	134.08	27/11/10
2	Alexandra Martin	1997	WA	48.60	30	38	68	102.73	8/08/10
3	Caitlyn Feurer	1996	QLD	51.40	20	26	46	66.28	31/07/10
4									
5									
6									
7									
8									
9									
10									

58Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Sophie Cowen	1997	TAS	53.94	38	51	89	123.41	28/08/10
2	Wanita Connor	1995	QLD	57.95	32	43	75	98.61	10/07/10
3	Taela O'Shea	1995	QLD	57.85	24	35	59	77.67	4/06/10
4									
5									
6									
7									
8									
9									
10									

63Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Hannah Spitalny	1995	WA	63.00	45	58	103	128.05	31/10/10
2	Wanita Connor	1995	QLD	58.60	33	46	79	103.06	31/07/10
3	Taela O'Shea	1995	QLD	61.20	24	37	61	77.27	10/07/10
4	Jessica Sanders	1996	QLD	63.00	26	35	61	75.83	10/07/10
5	Beth Tolputt	1996	QLD	59.40	21	27	48	62.03	13/11/10
6									
7									
8									
9									
10									

69Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
1	Hannah Spitalny	1995	WA	63.55	44	56	100	123.64	8/08/10
2	Francesca Veenstra	1996	QLD	66.90	38	46	84	100.70	3/12/10
3	Jessica Sanders	1996	QLD	64.95	28	38	66	80.52	31/07/10
4									
5									
6									
7									
8									
9									
10									

69+Kg	Name	YOB	State	B/Wt	Snatch	C & J	Total	Sinclair	Date
-------	------	-----	-------	------	--------	-------	-------	----------	------

Competition

Competition

Competition

State Championships & Presidents Cup Round 9
President's Cup Round 4
2010 Victorian School Championships

Competition

President's Cup Round 7
State Championships & Presidents Cup Round 9
Toowoomba Club Competition
Victorian School League

Competition

Oceania Youth & Junior Weightlifting Championships - Fiji
State Championships & Presidents Cup Round 9
WWA Under 15/Under 17 Competition + Junior Shield #1
Sunshine Coast Club Competition

Competition

State Championships & Presidents Cup Round 9
WWA GP#3 Competition + Premier Cup
QWA League & Masters League Round 3

Competition

President's Cup Round 7
2010 Australian Under 15 Tournament
Cougars Open Club Competition

Competition

WWA Invitational Competition
QWA League & Masters League Round 3
2010 Australian Under 15 Tournament
2010 Australian Under 15 Tournament
Sunshine Coast Club Competition

Competition

WWA GP#3 Competition + Premier Cup
Toowoomba Club Competition
QWA League & Masters League Round 3

Competition

2010 National Junior & Youth Championships
2010 VWA Open Championships