



## AWF Open and U20 Records 1996

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[Male U20](#)

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### MALE OPEN RECORDS

<b>54kg class</b>				
Snatch	105	John Nguyen	NSW	4. 5.1996
Jerk	132.5	John Nguyen	NSW	4. 5.1996
Total	237.5	John Nguyen	NSW	4. 5.1996
<b>59kg class</b>				
Snatch	125	Yurik Sarkisian	Vic	4. 5.1996
Jerk	160	Marcus Stephen	Vic	31. 7.1993
Total	282.5	Yurik Sarkisian	Vic	4. 5.1996
<b>64kg class</b>				
Snatch	130	Yurik Sarkisian	Vic	8. 9.1995
Jerk	167.5	Marcus Stephen	Vic	4. 9.1993
Total	292.5	Yurik Sarkisian	Vic	8. 9.1995
<b>70kg class</b>				
Snatch	133	Craig Blythman	Vic	4. 5.1996
Jerk	165	Yurik Sarkisian	Vic	16. 7.1994
Total	295	Yurik Sarkisian	Vic	16. 7.1994
<b>76kg class</b>				
Snatch	145	Ron Laycock	Tas	20. 2.1993
Jerk	192.5	Ron Laycock	Tas	20. 2.1993

Total	337.5	Ron Laycock	Tas	20. 2.1993
<b>83kg class</b>				
Snatch	170	Kiril Kounev	Vic	4. 5.1996
Jerk	207.5	Kiril Kounev	Vic	17.11.1993
Total	372.5	Kiril Kounev	Vic	8. 8.1993
<b>91kg class</b>				
Snatch	165.5	Harvey Goodman	Vic	4. 5.1996
Jerk	203.5	Harvey Goodman	Vic	16.12.1995
Total	365	Harvey Goodman	Vic	24.11.1993
<b>99kg class</b>				
Snatch	190	Nicu Vlad	Vic	19.11.1993
Jerk	220	Nicu Vlad	Vic	5. 9.1993
Total	407.5	Nicu Vlad	Vic	5. 9.1993
<b>108kg class</b>				
Snatch	192.5	Nicu Vlad	Vic	26.11.1994
Jerk	232.5	Stefan Botev	Vic	20.11.1993
Total	422.5	Nicu Vlad	Vic	26.11.1994
<b>+108kg class</b>				
Snatch	200	Stefan Botev	Vic	30. 7.1996
Jerk	250	Stefan Botev	Vic	16. 6.1996
Total	450	Stefan Botev	Vic	30. 7.1996

## MALE U20 RECORDS

<b>54kg class</b>				
Snatch	103	John Nguyen	NSW	25. 6.1995
Jerk	130	John Nguyen	NSW	14. 5.1994

Total	230	John Nguyen	NSW	14. 5.1994
<b>59kg class</b>				
Snatch	105.5	John Nguyen	NSW	9.10.1994
Jerk	135	John Nguyen	NSW	17.12.1995
Total	237.5	John Nguyen	NSW	17. 7.1994
<b>64kg class</b>				
Snatch	105.5	Ian Patterson	Vic	30. 9.1995
Jerk	145	Ian Patterson	Vic	16. 4.1994
Total	250	Ian Patterson	Vic	16. 4.1994
<b>70kg class</b>				
Snatch	127.5	Sam Davis	SA	26. 3.1994
Jerk	155	Sam Davis	SA	26. 3.1994
Total	282.5	Sam Davis	SA	26. 3.1994
<b>76kg class</b>				
Snatch	125.5	Sam Davis	SA	16. 7.1994
Jerk	152.5	Sam Davis	SA	16. 7.1994
Total	277.5	Sam Davis	SA	16. 7.1994
<b>83kg class</b>				
Snatch	130.5	Simon Heffernan	Vic	16. 7.1994
Jerk	162.5	Marcin Dworniczek	SA	21. 5.1993
Total	292.5	Marcin Dworniczek	SA	21. 5.1993
<b>91kg class</b>				
Snatch	135.5	Simon Heffernan	Vic	4.11.1995
Jerk	175	Simon Heffernan	Vic	18. 3.1995
Total	307.5	Simon Heffernan	Vic	18. 3.1995

<b>99kg class</b>				
Snatch	140	Simon Heffernan	Vic	10. 9.1995
Jerk	170	Simon Heffernan	Vic	10. 9.1995
Total	305	Simon Heffernan	Vic	10. 9.1995
<b>108kg class</b>				
Snatch	140	McGregor Hall	Vic	25. 8.1996
Jerk	177.5	McGregor Hall	Vic	13. 4.1996
Total	310	McGregor Hall	Vic	25. 8.1996
<b>+108kg class</b>				
Snatch	130	Chris Rae	SA	30.11.1996
Jerk	160	Anthony Martin	Qld	6.11.1996
Total	287.5	Anthony Martin	Qld	8.12.1996

## MALE U18 RECORDS

<b>46kg class</b>				
Snatch	50	Garth Vandenende	WA	8. 9.1995
Jerk	67.5	Garth Vandenende	WA	2. 7.1995
Total	115	Garth Vandenende	WA	2. 7.1995
<b>50kg class</b>				
Snatch	66	Garth Vandenende	WA	25. 2.1996
Jerk	82.5	Joel De Cateret	Vic	16.10.1996
Total	145	Garth Vandenende	WA	25. 2.1996
<b>54kg class</b>				
Snatch	100	John Nguyen	NSW	17.10.1993
Jerk	120	John Nguyen	NSW	17.10.1993
Total	220	John Nguyen	NSW	17.10.1993
<b>59kg class</b>				

Snatch	105	John Nguyen	NSW	13. 3.1993
Jerk	130	John Nguyen	NSW	13. 3.1993
Total	235	John Nguyen	NSW	13. 3.1993
<b>64kg class</b>				
Snatch	105.5	Ian Patterson	Vic	30. 9.1994
Jerk	145	Ian Patterson	Vic	16. 4.1994
Total	250	Ian Patterson	Vic	16. 4.1994
<b>70kg class</b>				
Snatch	105.5	Ian Patterson	Vic	16. 7.1994
Jerk	142.5	Ian Patterson	Vic	26. 2.1994
Total	247.5	Ian Patterson	Vic	18. 3.1994
<b>76kg class</b>				
Snatch	112.5	Ben Mulder	Tas	5.10.1996
Jerk	143	Ben Mulder	Tas	5.10.1996
Total	255	Ben Mulder	Tas	5.10.1996
<b>83kg class</b>				
Snatch	125	Andrew Ciancio	Vic	30.12.1996
Jerk	155	Simon Heffernan	Vic	11. 6.1993
Total	277.5	Simon Heffernan	Vic	5.12.1993
<b>91kg class</b>				
Snatch	120	Simon Heffernan	Vic	17. 6.1993
Jerk	147.5	Robert Nardi	Qld	13. 5.1995
Total	265	Robert Nardi	Qld	13. 5.1995
<b>99kg class</b>				
Snatch	127.5	McGregor Hall	Vic	23. 6.1994
Jerk	155	McGregor Hall	Vic	29. 1.1994
Total	282.5	McGregor Hall	Vic	23. 6.1994
<b>108kg class</b>				
Snatch	135	McGregor Hall	Vic	29. 4.1995
Jerk	170	McGregor Hall	Vic	12. 8.1995
Total	300	McGregor Hall	Vic	29. 4.1995
<b>+108kg class</b>				

Snatch	130	Chris Rae	SA	30.11.1996
Jerk	160	Anthony Martin	Qld	9.11.1996
Total	287.5	Anthony Martin	Qld	8.12.1996

## MALE U16 RECORDS

<b><i>46kg class</i></b>				
Snatch	50	Garth Vandenende	WA	8. 9.1995
Jerk	67.5	Garth Vandenende	WA	2. 7.1995
Total	115	Garth Vandenende	WA	2. 7.1995
<b><i>50kg class</i></b>				
Snatch	66	Garth Vandenende	WA	25. 2.1996
Jerk	82.5	Joel De Cateret	Vic	16.10.1996
Total	145	Garth Vandenende	WA	25. 2.1996
<b><i>54kg class</i></b>				
Snatch	77.5	David Nilsson	Qld	4.10.1996
Jerk	97.5	Garth Vandenende	WA	7.12.1996
Total	172.5	Garth Vandenende	WA	7.12.1996
<b><i>59kg class</i></b>				
Snatch	83	Paul Mateos	Vic	14.12.1996
Jerk	107.5	Paul Mateos	Vic	4. 9.1996
Total	190	Paul Mateos	Vic	19.10.1996
<b><i>64kg class</i></b>				
Snatch	90	Jason Tate	WA	1.12.1996
Jerk	110	Jason Tate	WA	27.10.1996
Total	200	Jason Tate	WA	1.12.1996
<b><i>70kg class</i></b>				
Snatch	85	Ben Conry	SA	16.12.1995
Jerk	105.5	Ben Conry	SA	16.12.1995
Total	190	Ben Conry	SA	16.12.1995
<b><i>76kg class</i></b>				

Snatch	100	Tom Murphy	SA	14.12.1996
Jerk	120.5	Tom Murphy	SA	5.10.1996
Total	220	Tom Murphy	SA	14.12.1996
<b>83kg class</b>				
Snatch	107.5	Christian Winston	Qld	5.10.1996
Jerk	125.5	Travis Headon	SA	9. 9.1996
Total	222.5	Christian Winston	Qld	5.10.1996
<b>91kg class</b>				
Snatch	102.5	Christian Winston	Qld	24. 8.1996
Jerk	117.5	Christian Winston	Qld	24. 8.1996
Total	220	Christian Winston	Qld	24. 8.1996
<b>99kg class</b>				
Snatch	105	Chris Rae	SA	10. 9.1995
Jerk	130	Chris Rae	SA	10. 9.1995
Total	235	Chris Rae	SA	10. 9.1995
<b>108kg class</b>				
Snatch	130	Chris Rae	SA	8.12.1996
Jerk	155	Chris Rae	SA	8.12.1996
Total	285	Chris Rae	SA	8.12.1996
<b>+108kg class</b>				
Snatch	130	Chris Rae	SA	30.11.1996
Jerk	152.5	Chris Rae	SA	17. 8.1996
Total	282.5	Chris Rae	SA	30.11.1996

## FEMALE OPEN RECORDS

<b>46kg class</b>				
Snatch	55	Amanda Inman	Tas	29. 9.1994
Jerk	67.5	Amanda Inman	Tas	29. 9.1994
Total	122.5	Amanda Inman	Tas	29. 9.1994

<b>50kg class</b>				
Snatch	62.5	Amanda Inman	Tas	17. 6.1995
Jerk	75	Amanda Inman	Tas	17. 6.1995
Total	137.5	Amanda Inman	Tas	17. 6.1995
<b>54kg class</b>				
Snatch	67.5	Diana Loy	Qld	4. 9.1993
Jerk	83.5	Diana Loy	Qld	29. 9.1994
Total	150	Diana Loy	Qld	14.11.1993
<b>59kg class</b>				
Snatch	77.5	Debbie Smith	Vic	15.11.1993
Jerk	97.5	Debbie Smith	Vic	4. 9.1993
Total	175	Debbie Smith	Vic	15.11.1993
<b>64kg class</b>				
Snatch	80	Michelle Kettner	Vic	2. 3.1996
Jerk	96	Michelle Kettner	Vic	2. 3.1996
Total	175	Michelle Kettner	Vic	2. 3.1996
<b>70kg class</b>				
Snatch	82.5	Robin Weckert	SA	22.11.1995
Jerk	105	Robin Weckert	SA	22.11.1995
Total	187.5	Robin Weckert	SA	22.11.1995
<b>76kg class</b>				
Snatch	87.5	Robin Weckert	SA	31. 7.1993
Jerk	112.5	Sally Penson	Vic	5. 9.1993
Total	197.5	Robin Weckert	SA	31. 7.1993
<b>83kg class</b>				



Snatch	85	Caroline Pileggi	WA	22.12.1995
Jerk	110.5	Caroline Pileggi	WA	22.12.1995
Total	195	Caroline Pileggi	WA	22.12.1995
<b>+83kg class</b>				
Snatch	92.5	Caroline Pileggi	WA	4.11.1995
Jerk	115	Caroline Pileggi	WA	4.11.1995
Total	202.5	Caroline Pileggi	WA	4.11.1995

## FEMALE U20 RECORDS

<b>46kg class</b>				
Snatch	55	Amanda Inman	Tas	29. 9.1994
Jerk	67.5	Amanda Inman	Tas	29. 9.1994
Total	122.5	Amanda Inman	Tas	29. 9.1994
<b>50kg class</b>				
Snatch	62.5	Amanda Inman	Tas	17. 6.1995
Jerk	75	Amanda Inman	Tas	17. 6.1995
Total	137.5	Amanda Inman	Tas	17. 6.1995
<b>54kg class</b>				
Snatch	60	Rachel Jones	Tas	8. 9.1995
Jerk	80	Rachel Jones	Tas	19.10.1996
Total	140	Rachel Jones	Tas	19.10.1996
<b>59kg class</b>				
Snatch	62.5	Debbie Lewis	SA	7.12.1996
Jerk	78	Debbie Lewis	SA	30.11.1996
Total	137.5	Debbie Lewis	SA	17. 8.1996

<b>64kg class</b>				
Snatch	65	Michelle Randall	Vic	16.11.1993
Jerk	85	Michelle Randall	Vic	16.11.1993
Total	150	Michelle Randall	Vic	16.11.1993
<b>70kg class</b>				
Snatch	70	Amanda Phillips	Qld	20. 9.1996
Jerk	90	Amanda Phillips	Qld	20. 9.1996
Total	160	Amanda Phillips	Qld	20. 9.1996
<b>76kg class</b>				
Snatch	68	Alexandra Adorni	NSW	25. 2.1996
Jerk	90	Amanda Phillips	Qld	9.11.1996
Total	155	Amanda Phillips	Qld	9.11.1996
<b>83kg class</b>				
Snatch	85	Caroline Pileggi	WA	22.12.1995
Jerk	110.5	Caroline Pileggi	WA	22.12.1995
Total	195	Caroline Pileggi	WA	22.12.1995
<b>+83kg class</b>				
Snatch	92.5	Caroline Pileggi	WA	4.11.1995
Jerk	115	Caroline Pileggi	WA	4.11.1995
Total	202.5	Caroline Pileggi	WA	4.11.1995

## FEMALE U18 RECORDS

<b>38kg class</b>				
Snatch	20.5	Jo Tresize	Vic	4. 9.1996
Jerk	30	Jo Tresize	Vic	4. 9.1996
Total	50	Jo Tresize	Vic	4. 9.1996

<b>42kg class</b>				
Snatch	27.5	Margaret Banham	WA	26. 3.1994
Jerk	37.5	Laura Braham	SA	27. 7.1996
Total	65	Laura Braham	SA	17. 8.1996
<b>46kg class</b>				
Snatch	47.5	Louise Ovcar	Vic	4. 9.1993
Jerk	58	Lani Engelhardt	SA	4.12.1993
Total	102.5	Lani Engelhardt	SA	12.11.1993
<b>50kg class</b>				
Snatch	52.5	Rachel Jones	Tas	11. 7.1995
Jerk	67.5	Amanda Inman	Tas	4.12.1993
Total	117.5	Amanda Inman	Tas	4.12.1993
<b>54kg class</b>				
Snatch	60	Rachel Jones	Tas	8. 9.1995
Jerk	80	Rachel Jones	Tas	19.10.1996
Total	140	Rachel Jones	Tas	19.10.1996
<b>59kg class</b>				
Snatch	62.5	Debbie Lewis	SA	7.12.1996
Jerk	78	Debbie Lewis	SA	30.11.1996
Total	137.5	Debbie Lewis	SA	17. 8.1996
<b>64kg class</b>				
Snatch	60	Debbie Lewis	SA	27. 7.1996
Jerk	77.5	Alanna Godfrey	Tas	14.10.1994
Total	135	Debbie Lewis	SA	27. 7.1996
<b>70kg class</b>				
Snatch	70	Amanda Phillips	Qld	20. 9.1996
Jerk	90	Amanda Phillips	Qld	20. 9.1996
Total	160	Amanda Phillips	Qld	20. 9.1996
<b>76kg class</b>				
Snatch	67.5	Alexandra Adorni	NSW	4.11.1995
Jerk	90	Amanda Phillips	Qld	9.11.1996
Total	155	Amanda Phillips	Qld	9.11.1996

<b>83kg class</b>				
Snatch	85	Caroline Pileggi	WA	22.12.1995
Jerk	110.5	Caroline Pileggi	WA	22.12.1995
Total	195	Caroline Pileggi	WA	22.12.1995
<b>+83kg class</b>				
Snatch	92.5	Caroline Pileggi	WA	4.11.1995
Jerk	115	Caroline Pileggi	WA	4.11.1995
Total	202.5	Caroline Pileggi	WA	4.11.1995

## FEMALE U16 RECORDS

<b>38kg class</b>				
Snatch	20.5	Jo Tresize	Vic	4. 9.1996
Jerk	30	Jo Tresize	Vic	4. 9.1996
Total	50	Jo Tresize	Vic	4. 9.1996
<b>42kg class</b>				
Snatch	27.5	Laura Braham	SA	17. 8.1996
Jerk	37.5	Laura Braham	SA	27. 7.1996
Total	65	Laura Braham	SA	17. 8.1996
<b>46kg class</b>				
Snatch	40	Jacqui White	Vic	25. 5.1996
Jerk	50	Jacqui White	Vic	25. 5.1996
Total	87.5	Jacqui White	Vic	25. 5.1996
<b>50kg class</b>				
Snatch	45	Jacqui White	Vic	12.10.1996
Jerk	55	Jacqui White	Vic	14.12.1996
Total	100	Jacqui White	Vic	14.12.1996
<b>54kg class</b>				
Snatch	45	Kristy Hansen	SA	4.10.1996
Jerk	67.5	Kristy Hansen	SA	4.10.1996
Total	112.5	Kristy Hansen	SA	4.10.1996

<b>59kg class</b>				
Snatch	62.5	Debbie Lewis	SA	7.12.1996
Jerk	78	Debbie Lewis	SA	30.11.1996
Total	137.5	Debbie Lewis	SA	17. 8.1996
<b>64kg class</b>				
Snatch	60	Debbie Lewis	SA	27. 7.1996
Jerk	75	Debbie Lewis	SA	27. 7.1996
Total	135	Debbie Lewis	SA	27. 7.1996
<b>70kg class</b>				
Snatch	70	Amanda Phillips	Qld	20. 9.1996
Jerk	90	Amanda Phillips	Qld	20. 9.1996
Total	160	Amanda Phillips	Qld	20. 9.1996
<b>76kg class</b>				
Snatch	65	Amanda Phillips	Qld	9.11.1996
Jerk	90	Amanda Phillips	Qld	9.11.1996
Total	155	Amanda Phillips	Qld	9.11.1996
<b>83kg class</b>				
Snatch	50	Kelly Pascoe	SA	30.11.1996
Jerk	58	Kelly Pascoe	SA	6.10.1996
Total	107.5	Kelly Pascoe	SA	30.11.1996
<b>+83kg class</b>				
Snatch	46	Melissa Bethune	Qld	4.11.1995
Jerk	60	Melissa Bethune	Qld	4.11.1995
Total	100	Melissa Bethune	Qld	10. 9.1995