

2020 AWF Masters Weightlifting Open	
Eligibility	The AWF Masters Weightlifting Open competition is open to members of the Australian Weightlifting Federation who: <ul style="list-style-type: none"> • are aged 35 or over • are capitated members of the AWF • are approved by their State/Territory Weightlifting Association
Host City	Gold Coast, Queensland
Dates of Competition	23 rd , 24 th , 25 th October 2020
Competition Venue	Mantra on View Hotel, 22 View Avenue, Surfers Paradise, Gold Coast, Queensland, Australia
Age Eligibility	Athletes born during or before 1985
Categories	45-49-55-59-64-71-76-81-87-87+ WOMEN 10 Categories 55-61-67-73-81-89-96-102-109-109+ MEN 10 Categories
Age Groups	As per IWF-Masters Rules
Entry method	Via the AWF Online Entry System: www.awf.com.au/registration/
Close of Entries	Midnight AEST, Friday 11 th September 2020
Entry Fee	\$135
Preliminary Entries	Published on the AWF website no later than Friday 18 th September 2020
Verification of final entries	Via the AWF Online Verification system no later than 12:00 noon on Wednesday 21 st October 2020: www.awf.com.au/verification/
Awards	<ul style="list-style-type: none"> • T-Shirt – all competitors • Medals – Top 3 per age group and bodyweight category • Male / Female Best Lifter (SMF Score)



IMPORTANT NOTES:

- Payments and individual entries must be submitted via website link: www.awf.com.au/registration/ **no later than Friday 11th September 2020**
- The AWF office will send all received entries to the respective State Association who will review and endorse the participation of their members via email imoir@awf.com.au **no later than Wednesday 16th September 2020.**
- Should a State Association **not endorse** an individual entry, that person will not be permitted to compete and they will receive a partial refund of \$120.00.
- No refunds will be made for withdrawals notified after the Preliminary Entries are published.

REGULATIONS:

1. The competition will be conducted according to the IWF Technical and Competition Rules & Regulations (TCRR).
2. The minimum weights that can be attempted will be in accordance with the IWF TCRR:
Men = twenty-six (26) kg
Women = twenty-one (21) kg
3. With reference to IWF TCRR, the 20 kg Rule will apply. The weight of the competitor's first Snatch attempt and the weight of their first Clean & Jerk attempt must add up to within 20 kg of their verified Entry Total. **The Entry Total can be changed via the AWF Online Verification System prior to 12:00 noon on Wednesday 21st October 2020.**
4. Athletes **must produce** valid photo ID, e.g. Driver's Licence, at the weigh-in. Failure to submit correct ID at the weigh-in will result in the athlete not being able to contest the event.
5. Athletes may compete in the category in which they have entered or go up or down categories. **All changes must be declared prior to 12:00 noon on Wednesday 21st October 2020 via the AWF Online Verification System.**

To change your entry:

- a) Go to www.awf.com.au/verification/
- b) Enter the Payment ID from your registration confirmation email
- c) Enter your date of birth and email address
- d) Click on Verify Entrant
- e) Change your Bodyweight Category and/or Entry Total
- f) Click the Update button

Changes will be confirmed on the screen and by email. **Please wait for confirmation before leaving the web page.**

6. **Individual Placing** will be calculated by **Totals** only.
7. An athlete who does not register a successful Snatch will **not be allowed** to continue in the Clean & Jerk;
8. Athlete dress standard **MUST** conform to the IWF TCRR.
9. All individual entries and payments **MUST** be submitted online **no later than Friday 11th September 2020 via website link: www.awf.com.au/registration/ **NO LATE ENTRIES WILL BE ACCEPTED****



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10. **Refunds** to individuals will only be issued in the instance where an AWF State Member Association **does not** endorse the entry of an individual or if the entrant notifies the AWF prior to the publication of the Preliminary Entries. No refunds will be made for withdrawal after the publication of the Preliminary Entries for any reason.

ACCOMMODATION

The recommended accommodation is the **Mantra on View Hotel**. Participants are responsible for their own accommodation bookings and payment to the hotel. The room rates below do not include meals.

Special Rates (room only):

\$135 per room per night – City View Twin or King Room

\$155 per room per night – Ocean View Twin or King Room

\$175 per room per night – High Ocean View Twin or King Room

Buffet breakfast can be added to the accommodation at the discounted rate of \$15 per person per day if requested with the room booking.

Participants can book accommodation using the Accommodation Booking form or contact the hotel directly on Tel: (07) 5579 1060. **For telephone bookings you must advise the hotel that you are attending the Australian Weightlifting Federation event to obtain the special rates.**



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