



2017 QWA All Schools Championships

General Information

Date:	Saturday 11-Sunday 12 th November 2017.
Venue:	Gold Coast Weightlifting Club, 1/7 Taree St, Burleigh Heads, Gold Coast
Entry Fee:	Nil
Eligibility:	All entrants must be students enrolled in a Queensland school in 2017. All entrants must be members of the QWA.
Minimum weight:	The minimum weight that can be attempted in QWA competitions is 15kg. The 15kg competition bar will be used for the men's sessions up to the weight of 30kg required on the bar. 20kg competition bar will be used for weights in excess of 30kg.
Outfit of Competitors:	a) One-piece costume as per IWF Technical Rules or b) A two-piece costume consisting of bike shorts plus a collarless T-shirt or singlet of plain colour. The costume must cover the torso but must not cover the elbows or knees or c) Official school sports uniform provided it is similar to a) or b) above

Individual Competition

Bodyweight Categories	Male: 50, 56, 62, 69, 77, 85, 94, 94+ Female: 44, 48, 53, 58, 63, 69, 75, 75+
Changing Categories:	Changes to nominated bodyweight categories must be notified prior to the verification of final entries which will take place at the QWA Office, the Sleeman Sports Complex, Chandler, at 12:00 noon on Friday 10 th November 2017. Changes can be notified in person, by email to qwa@qwa.org or by text/phone to: 0438 031 377.
Age Categories:	Open Male; Open Female; Under15 Male; Under15 Female.
Age Classification:	Under 15 competitors are those who were born in 2002 or later. Open competitors are current primary or secondary school students of any age. NB. Under 15 competitors are automatically classified in both age group competitions.
Individual Awards:	Gold, Silver and Bronze medals are awarded for 1 st , 2 nd and 3 rd place in each bodyweight Category, in each age group.
Best Lifter Awards:	Open Male; Open Female; Under15 Male; Under15 Female.

Male Team Competition/Female Team Competition

Team Composition:	Teams consist of at least 2 athletes and no more than 5 athletes. All team members must be of the same gender. Team members may be of any age, i.e. there is no separation of age groups in the team competition. All team members must be registered students of the same school. More than one team can be entered under the same school name.
Team Nomination:	Teams must be nominated at the close off of verification of entries..
Team Points:	Team points are calculated as the sum of the IWF championship points achieved by the team members according to their placing within their bodyweight category regardless of age, i.e. the placing in the Open age category.