



**2018 Queensland Junior & Senior State Championships
Milton Weightlifting Club, 21-22 July**

<https://molyfit.com/>

Changes to nominated bodyweight categories must be notified prior to
5:00 pm on Thursday 19th July 2018

To QWA, by email: qwa@qwa.org ; Tel/Text: 0438 031 377

Saturday	Category	Weigh-in	Start	Entries	Duration
1	W48, W53	06:00 – 07:00am	08:00am	13	2hr
2	M56, M62	08:00-09:00am	10:00am	10	2hr
3	W58	10:00-11:00am	12:00md	9	2hr
4	M69	12:00-1:00pm	2:00pm	6	1hr 30m
5	W63	1:30-2:30pm	3:30pm	11	2hr
6	M77	3:30-4:30pm	5:30pm	16	2hr 30m
Sunday	Category	Weigh-in	Start	Entries	Duration
7	W69	06:00 – 07:00am	08:00am	12	2hr
8	M85	08:00-09:00am	10:00am	13	2hr 30m
9	W75	10:30-11:30am	12:30pm	13	2hr 30m
10	M94	1:00-2:00pm	3:00pm	13	2hr 30m
11	W90, W90+	3:30-4:30pm	5:30pm	8	1hr 15m
12	M105, M105+	4:45-5:45pm	6:45pm	10	2hr

*****Competition information*****

**ALL COMPETITORS MUST WEAR A ONE-PIECE LIFTING SUIT
THAT COVERS THE TRUNK AND DOES NOT COVER THE ELBOWS.**

Please do not wear a Queensland or Australian lifting suit unless you have represented Queensland or Australia.

COMPETITORS MAY ALSO WEAR:

- A collarless T shirt under a one piece lifting suit
- Close-fitting pants under a one-piece lifting suit
- A full body, one-piece unitard under a one-piece lifting suit
- The top of a unitard that covers the elbows under a one-piece lifting suit / or just the bottoms on their own under a one-piece lifting suit

COMPETITORS CAN NOT WEAR:

- Loose fitting clothing
- Anything that covers the elbows (apart from a unitard)
- Shirts with collars
- Any clothing that displays words, slogans, or images **other than** brand trademarks and/or weightlifting club / team names or logos
- Lifting belts wider than 120mm

PHOTO ID MUST BE PRESENTED AT WEIGH-IN



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AWARDS:

Medals for 1st, 2nd & 3rd place in all bodyweight categories in both Junior and Senior age groups

Best lifter trophies: Best Junior Female; Best Junior Male lifter; Best Senior Female lifter; Best Senior Male lifter. (calculated using Sinclair)

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Lifters who fail to make weight will be unable to lift in any capacity in the competition.

Venue Information

Parking available on the streets surrounding the competition venue. Sunday however will be a little busier with the Milton weekly market operating across the road.

Alternative transport – Milton train station is very close by.

Small canteen onsite and lots of other eateries in walking distance nearby.

Prepare for your competition experience - log into your QWA account and select the
“Online referee training” option.

It's free of charge and will give you an idea of what the referees will be looking for.

Volunteers still needed particularly for Sunday:

Sign up now at

<https://signupschedule.com/qldweightlifting>



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Competition Timetable and Final Entries

Saturday

Group 1: Women. Weigh In: 6:00-7:00am

Start: 8:00 am

Cat	Lot	Start #	Name		YOB	Club	Total	JUN	SEN
F48	239		Robin	Parr	1997	CWC	104	-	
F48	297		Chelsea	Nicoll	1998	SCWC	116	✓	✓
F48	78		Lauren	Hastings	2004	BUBC	90	✓	-
F53	194		Jessica	Edge	1986	CWC	108	-	✓
F53	273		Tahlia	Cobb	2004	CWC	82	✓	-
F53	96		Maia	Ratana-Leef	2006	CWC	88	✓	-
F53	232		Yolandie	Weir	1986	UNAT	113	-	✓
F53	30		Mary	Barter	1987	CWC	137	-	✓
F53	296		Maddison	Power	2003	BUBC	128	✓	✓
F53	283		Emma	Cervetto	1990	CWC	118	-	✓
F53	222		Mia	Gaudry	2000	BBC	105	✓	✓
F53		Exempt	Alyce	Stephenson	1990	CWC	144	-	✓
F53	131		Kim	Walker	1977	BUBC	96	-	✓
F53	132		Tara	Noonan	1980	BBC	137	-	✓

Group 2: Men. Weigh In: 8:00-9:00am Start: 10:00 am

Cat	Lot	Start #	Name		YOB	Club	Total	JUN	SEN
M56	243		Frederick	Buchanan	1980	UNAT	141	-	✓
M56	199		Lynton	Hargrave	1985	BWC	196	-	✓
M56	245		Quyen	Nguyen	1984	CWC	158	-	✓
M56	278		Harper	Manz	2004	BUBC	116	✓	-
M62	13		Jett	Gaffney	2002	CWC	200	✓	✓
M62	62		Kolby	Green	2002	CWC	186	✓	✓
M62	3		Ryan	Martin	2005	CQM	135	-	✓
M62	136		Blake	Armitage	1995	UNAT	195	-	✓
M62	403		Kaia	Davis	2004	UNAT	152	✓	✓
M62	6		Tyson	Pool	1995	RMBC	191	-	✓
M62	154		David	Futo	1993	UNAT	150	-	✓



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Group 3: Women. Weigh In: 10:00 – 11:00 am Start: 12:00md

Cat	Lot	Start #	Name		YOB	Club	Total	JUN	SEN
F58	276		Stefani	Jenner	2003	CWC	95	✓	-
F58	260		Ellen	Willis	1965	BUBC	105	-	✓
F58	169		Kaitlyn	DUIGNAN	1992	CWC	130	-	✓
F58	54		Natalie	Setiadji	1996	CWC	121	-	✓
F58	287		Mia	Delos	1991	BUBC	102	-	✓
F58	116		Jemma	Cowper	1991	STWC	104	-	✓
F58	299		Imogen	Blacka	1997	IWC	105	-	✓
F58	130		Emma	Kobez	1993	CWC	117	-	✓
F58	97		Rebecca	Jakubovsky	1983	DBC	140	-	✓

Group 4: Men. Weigh In:12:00-1:00pm Start: 2:00pm

Cat	Lot	Start #	Name		YOB	Club	Total	JUN	SEN
M69	97		Matthew	Eichmann	2000	MWC	188	✓	✓
M69	152		Frank Han Xin	Zou	1996	CWC	170	-	✓
M69	50		Sean	O'Neill	1987	CQM	195	-	✓
M69	173		Alistair	Milliken	1991	CWC	200	-	✓
M69		Exempt	Shachris	Srimuangboon	2000	CWC	164	✓	✓
M69	93		Zijian	Liang	1994	BBC	175	-	✓
M69	24		Greg	Oliver	1985	JBC	165	-	✓

Group 5: Women. Weigh In: 1:30 –2:30 pm Start: 3:30pm

Cat	Lot	Start #	Name		YOB	Club	Total	JUN	SEN
F63	200		Keira	Rangi	2007	CWC	100	✓	-
F63		Exempt	Teri	Gallegos	2003	TWA	154	✓	✓
F63	38		Tanya	Eames	1987	TWA	122	-	✓
F63	43		Emma	Mayfield	1990	CQM	122	-	✓
F63		Exempt	Erika	Yamasaki	1987	CWC	180	-	✓
F63	124		Diana	Loy	1965	UNAT	120	-	✓
F63	9		Hayley	Ward	1997	SCWC	124	✓	✓
F63	34		Mikaela	Dorge	1997	TWA	120	-	✓
F63	188		Brittany	Gibson	1994	CWC	118	-	✓
F63	115		Paige	Kimmince	1994	CWC	148	-	✓
F63	87		Laura	Prior	2000	CWC	144	✓	✓
F63	301		Deborah	Hastings	1979	BUBC	130	-	✓
F63	27		Julie	Hind	1990	MWC	144	-	✓



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Group 6: Men. Weigh In: 3:30-4:30pm

Start: 5:30pm

Cat	Lot	Start #	Name		DOB	Club	Total	JUN	SEN
M77		Exempt	Jonathan	Pakchung	1993	CWC	250	-	✓
M77	48		James	Pakchung	1993	MWC	230	-	✓
M77	111		Andrew	Sweeney	1992	BBC	195	-	✓
M77	255		Mitchell	Eichmann	1996	MWC	248	-	✓
M77	119		Chris	McCallum	1988	TWA	214	-	✓
M77	191		Brandon	Wakeling	1994	CWC	284	-	✓
M77	252		Daniel	Gehrke	1995	IWC	195	-	✓
M77	16		Patrick	Castelli	1990	CWC	200	-	✓
M77	159		Nathan	George	1996	CWC	220	-	✓
M77	217		Mitchell	Daniels	1997	SCWC	236	-	✓
M77	129		Ethan	Catlow-Elliott	2000	CWC	228	✓	✓
M77	244		Max	Kobez	1996	CWC	178	-	✓
M77	261		Rhys	Collins	1988	MWC	205	-	✓
M77	223		Chevy	Sukkar	1992	IWC	236	-	✓
M77	146		Sam	Jansson	1994	CWC	251	-	✓
M77	262		Andrew	Deans	2001	SCWC	152	✓	-
M77	225		Matthew	Logovik	1990	UNAT	230	-	✓

Sunday

Group 7: Women. Weigh In: 6:00-7:00am

Start: 8:00 am

Cat	Lot	Start #	Name		YOB	Club	Total	JUN	SEN
F69		Exempt	Tessa	Milton	1994	CWC	183	-	✓
F69	237		Katherine	Redhead	1991	MWC	129	-	✓
F69	284		Leanne	Thomas	1987	CWC	164	-	✓
F69	204		Stefanie	Clinton	1997	IBC	130	-	✓
F69	257		Purdey	Noll	1994	UNAT	150	-	✓
F69	270		Olivia	Hindmarsh	1995	BBC	111	-	✓
F69	76		Rachel	Davis	1989	UNAT	155	-	✓
F69	57		Maddison	Black	1997	CWC	158	-	✓
F69	86		Kat	Baker	1987	CWC	130	-	✓
F69	214		Monique	Sebastian	1992	BER	145	-	✓
F69	201		Annie	Redhead	1990	MWC	152	-	✓
F69	104		Darcy	Kay	1993	TBC	165	-	✓
F69	21		Sarah	Cochrane	1989	UNAT	178	-	✓



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Group 8: Men. Weigh In: 8:00 – 9:00 am

Start: 10:00am

Cat	Lot	Start #	Name		YOB	Club	Total	JUN	SEN
M85	118		Morgan	Michel	1992	BUBC	246	-	✓
M85		Exempt	Jake	Standen	1998	CQM	274	✓	✓
M85	162		Blake	Mammarella	1995	BWC	237	-	✓
M85	88		Maverick	Meavao	2000	IWC	200	✓	✓
M85	68		Brent	Vaughan	1982	TWA	203	-	✓
M85	11		Jesse	Dodd	1994	CWC	217	-	✓
M85	127		Keisuke	Hisashi	1997	CWC	255	-	✓
M85	120		Sadow Weldemar	Nasution	1981	BUBC	250	-	✓
M85	63		Liam	Saxby	1997	UNAT	275	-	✓
M85	218		Philip	Chan	1989	CWC	222	-	✓
M85	102	Exempt	Bank	Chotrueng	2001	CWC	180	✓	-
M85	236		Colin	Schram	1977	BUBC	236	-	✓
M85	18		Dillon	Fisler	2002	CWC	195	✓	✓
M85	163		Dayn	Sorensen	1990	MWC	220	-	✓
M85	102		Dean	Callaghan	1988	BER	196	-	✓

Group 9: Women. Weigh In: 10:30-11:30am

Start: 12:30am

Cat	Lot	Start #	Name		YOB	Club	Total	JUN	SEN
F63	75		Jacinta	Carroll	1992	BBC	177	-	G
F75		Exempt	Adrienne	Karniewicz	1984	GCWC	178	-	✓
F75	17		Angelica	Hinchman	1991	MWC	125	-	✓
F75	157		Ebony	Gorincu	1989	CWC	192	-	✓
F75	117		Amie	Cox	1992	CWC	148	-	✓
F75	46		Rebecca	Gowland	1984	TWA	115	-	✓
F75	108		Louise	Burns	1989	CWC	128	-	✓
F75	289		Rachael	Robinson	1974	CWC	156	-	✓
F75	215		Susan	Hornick	1978	CWC	142	-	✓
F75	26		Meagan	Wellby	1981	BER	148	-	✓
F75	122		Madeleine	Whatman	1998	BUBC	138	✓	✓
F75	282		Sarah	Tanner	1995	CWC	133	-	✓
F75	99		Kylie	Salisbury	2002	SWC	120	✓	✓
F75	138		Sharne	Booth-Ford	1992	BUBC	121	-	✓
F75		Exempt	Natasha	Coombidge			131	✓	-



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Group 10: Men. Weigh In:1:00-2:00pm Start: 3:00pm

Cat	Lot	Start #	Name		YOB	Club	Total	JUN	SEN
M94	105		Adrian	Lamond	1979	IBC	240	-	✓
M94	148		Shane	Wagner	1996	TWA	267	-	✓
M94	247		Devon	Kitts	1993	NBWA	209	-	✓
M94	139		Kris	Corrie	1992	CWC	270	-	✓
M94	85		Sotiri	Karageorgiou	1990	CWC	225	-	✓
M94	31		Jakob	Daniels	1995	SCWC	165	-	✓
M94	288		Callum	Mayfield	1990	CQM	202	-	✓
M94	302		Beau	Garrett	1990	CWC	295	-	✓
M94	181		Sam	Hornick	1981	CWC	200	-	✓
M94		Exempt	Ben	Ward	2000	BWC	288	✓	✓
M94	401		Reilly	Smith	1996	CWC	258	-	✓
M94	290		Riki	Hoben	1989	BWC	232	-	✓
M94	402		Zachary	Clark	1994	IWC	245	-	✓
M94	91		Michael	Christensen	1986	CWC	256	-	✓
M94	33		Daniel	Sutherland	1981	CWC	205	-	✓
M94	66		Nicholas	Morland	1992	BWC	210	-	✓

Group 11: Women. Weigh In: 3:30-4:30pm

Start: 5:30pm

Cat	Lot	Start #	Name		YOB	Club	Total	JUN	SEN
F90	238		Cassie	Todd	1991	UNAT	175	-	✓
F90	74		Tise	Aaifou	1987	CWC	173	-	✓
F90	79		Amy	Siebenhausen	1986	IBC	163	-	✓
F90	285		Chloe	Kerwick	1996	SWC	174	-	✓
F90	293		Emily	Robinson	2000	CWC	141	✓	✓
F90	292		Robyn	Morgan	1973	UPL	138	-	✓
F90		Exempt	Hayley	Dingle	2004	IWC	112	✓	-
F90	128		Erica	Hamilton	2001	CWC	121	✓	✓
F90		Exempt	Makayla	Dingle	2001	IWC	157	✓	✓
F90+	156		Bronwyn	Dunne	2003	BUBC	164	✓	✓



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Group 12: Men. Weigh In:4:45-5:45pm

Start: 6:45pm

Cat	Lot	Start #	Name		YOB	Club	Total	JUN	SEN
M105	44		John	Downes	2001	CWC	263	✓	✓
M105	45		Adam	Smidt	2000	BWC	242	-	✓
M105	197		Regan	Hams	1985	BWC	285	-	✓
M105	400		Lawson	Dingle	1997	TWA	283	-	✓
M105	22		William	Findlay	1995	CWC	240	-	✓
M105		Exempt	Benjamin	Shaw	1991	TWA	302	-	✓
M105	189		Matthew	Lydement	1994	BBC	300	-	✓
M105	186		Artemio	Pocio	1998	CWC	244	-	✓
M105	216		Braydan	Fender	1998	IWC	200	-	✓
M105	113		Fraser	Harrison	1991	UNAT	246	✓	✓
M105+	83		Jackson	Solofa	1982	IWC	317	-	✓
M105+	51		Mitchell	Levy	1983	NBWC	215	-	✓