

## 2020 Physique Science QWA League & Masters League Round 2 –

Milton Weightlifting Club 5-6 September <https://molyfit.com/>

Session	Weigh-in Start	Weigh-in Finish	Competition Start
<b>Saturday</b>			
U13 Modified	7.30am	8.00am	8.30am
1 Female	7.00am	8.00am	9.00am
2 Male	9.00am	10.00am	11.00am
3 Female	11.00am	12.00pm	1.00pm
4 Female	1.00pm	2.00pm	3.00pm
5 Male	3.00pm	4.00pm	5.00pm
<b>Sunday</b>			
6 Female	7.30am	8.30am	9.30am
7 Male	9.00am	10.00am	11.00am
8 Female	12.00pm	1.00pm	2.00pm

Lot no.	Name		YOB	Division	Club
<b>Modified Session</b>					
	Connor	Dennis	M	2011	U13 Milton
<b>Session 1</b>					
9	Georgia	Carter	F	1996	4 Cougars
45	Meg	Emerton	F	1953	4 Cougars
68	Merryn	Hillhouse	F	1955	4 Milton
70	Kellee	Hodge	F	1983	4 Jimboomba
130	Leandra	Miscamble	F	1956	4 Burleigh Barbell
136	Julie	Davis	F	1952	4 North Brisbane
159	Disa	Caspersen	F	1980	4 Unattached
220	Claylia	Ward	F	1973	4 Milton
257	Lesley	Moyle	F	1945	4 Cougars



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### Session

#### 2

22	Wil	Tolputt	M	1999	4	Sunshine Coast
24	Alasdair	MacDonald	M	1992	1	Ipswich
66	Minoru	Yamasaki	M	1954	0	Unattached
107	Rohan	Acland	M	1984	4	Panda Unit
133	Brodie	Sturtridge	M	1997	1	Cougars
135	Blake	Armitage	M	1995	1	Ipswich
147	Darrel	Naude	M	1979	0	Unattached
173	David	Doedens	M	1982	4	Milton
189	Tristan	Gibson	M	1999	2	Ipswich
190	Brayden	Williams	M	1996	1	Burleigh Barbell
191	Alan (Songhwan)	Park	M	1983	1	North Brisbane
279	Christian	Hammerle	M	1987	4	Burleigh Barbell

### Session

#### 3

30	Tara	Noonan	F	1980	1	Cougars
39	Anna	Thomson	F	1979	1	North Brisbane
78	Madeline	Pyke-Moran	F	1997	1	Cougars
117	Bronwyn	Graham	F	1979	1	North Brisbane
128	Rebecca	Jakubovsky	F	1983	1	Thunder Barbell
142	Angela	Barnas	F	1980	1	Sunshine Coast
199	Adrienne	Karniewicz	F	1984	1	Cougars
206	Amy	Siebenhausen	F	1986	1	Ipswich
237	Tamika	Solofa	F	2003	3	Ipswich

### Session

#### 4

2	Melanie	O'Sullivan	F	1994	0	Cougars
3	Tina	Cotter	F	1980	2	Unattached
12	Kirra	Csurhes	F	2000	1	Unattached
93	Chelsea	Weston	F	1993	2	Unattached
104	Amy	Lang	F	1991	0	Cougars
125	Shasha	Ram	F	1990	4	PandaUnit
194	Elle	Toomey	F	2000	0	Cougars
239	Tamara	Dinsmore	F	1986	0	Cougars
254	Dionne	Buckley	F	1995	2	Unattached
272	Emma	Garrett	F	1998	0	Unattached



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## Session

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74	Tim	Redhead	M	1965	1	Milton
96	David	Bock	M	1990	1	Milton
118	Craig	Edwards	M	1994	1	Cougars
139	Dion	Walmsley	M	1966	1	Unattached
163	Jeff	Davie	M	1974	1	Unattached
196	Steven	Graham	M	1973	1	Ipswich
240	Nathan	Mortensen	M	1984	1	Unattached
245	Leo	Lark	M	1996	1	Milton
420	Garrith	Chandler	M	1979	2	Milton

## SUNDAY

### Session 6

34	Ellen	Willis	F	1965	3	Burleigh Barbell
35	Kim	Walker	F	1977	3	Burleigh Barbell
61	Kelsey	Francis	F	2002	3	Toowoomba
138	Larissa	Banks	F	1977		Ipswich
175	Tamara	Hageman	F	1990	3	Burleigh Barbell
182	Linda	Skerman	F	1965	3	North Brisbane
297	Taleea	Menyweather	F	1998		Burleigh

### Session

7

26	Bobby	Johnson	M	1977	1	Southside Storm
43	Levi	Deans*	M	2006	3	Sunshine Coast
88	Scott	Mark	M	1964	3	Sunshine Coast
106	Liam	Hanlon	M	1996	3	Southside Storm
115	Ron	Fraser	M	1954	2	Burleigh Barbell
124	Gerard	Nelson	M	1972	2	Southside Storm
156	Jordan	Loughlin	M	1988	4	Cougars
241	Matthew	Rowland	M	2000	2	Cougars
249	Jack	Gibson*	M	2004	2	BIMSC
265	Fred	Buchanan	M	1980	2	NBWA
273	Colin	Schram	M	1977	1	Burleigh Barbell
400	Rory	Scott	M	1999	1	Milton



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450 Hunter Levein M 1997 3 NBWA

#### Session 8

52	Rhiannon	DeCosta	F	1986	3	North Brisbane
151	Althea	Mackie	F	1970	3	Burleigh Barbell
178	Jessica	Brouff*	F	2005	3	Milton
184	Helena	Mooney	F	1993	4	NBWA
285	Emmanuela	Romano	F	1998	3	Cougars
470	Patrizia	Cocchis	F	1969		Guest

**\*Under 18's who require a coach or family member to attend their weigh-in.**

#### COMPETITION INFORMATION:

- Entrants may swap sessions with each other provided that both entrants are the same gender and they notify the QWA office via email of the swap no less than 5 days prior the commencement of the competition
- There is no need to notify the QWA office of any bodyweight changes for this competition
- Photo ID must be presented at Weigh-in
- Starting attempts **must** be submitted at time of weigh-in
- There will be 6 warm-up platforms.

#### UNIFORM

- Competitors must wear clothing which conforms to the following:
- may be one-piece or two pieces but must cover the trunk of the competitor;
- must be close fitting;
- must be collar-less;
- may be of any colour;
- must not cover the elbows;
- must not cover the knees.
- A T-shirt may be worn under the costume. The sleeves must not cover the elbows. This shirt must be collar-less.
- No t-shirts to be worn over lifting suits;
- Close fitting leotard / cycling trunks may be worn under or over the costume. They must not cover the knees.



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- An example of an acceptable two-piece costume would be: “Bike pants” which are close fitting and do not cover the knees plus a collarless T shirt or singlet which covers the trunk, is close fitting and does not cover the elbows.
- Entrants will not be permitted to compete in clothing that does not conform to the rules above.

#### COMPETITORS CAN NOT WEAR:

- Loose fitting clothing
- Anything that covers the elbows (apart from a unitard)
- Any clothing that displays words, slogans, or images other than brand trademarks and/or weightlifting club / team names or logos
- Lifting belts wider than 120mm

#### Venue Information:

Milton Weightlifting Club is located at MolyFit in Milton.

MolyFit

32 Cribb St, Milton. Q. 4064

MolyFit is close to the Park Rd precinct where there are many cafes, restaurants and bars.

#### **PARKING**

MolyFit does have onsite parking for about 10 cars, however this will be reserved for use of League Round Technical Officials.

Parking is available on Crombie St and surrounding side streets. Please check the parking signs as there are restrictions in place.

Paid parking is available at the Milton Green Car Park at 19 Little Cribb Street, Milton (only a couple of minutes walk from MolyFit). Book online at [https://www.secureparking.com.au/en-au/car-parks/australia/queensland/brisbane/milton/office-park-car-park?gclid=EAlalQobChMIq7XFrsim4wIVwzUrCh2ZcgZ5EAAYASAAEgJqcfD\\_BwE](https://www.secureparking.com.au/en-au/car-parks/australia/queensland/brisbane/milton/office-park-car-park?gclid=EAlalQobChMIq7XFrsim4wIVwzUrCh2ZcgZ5EAAYASAAEgJqcfD_BwE)

The Milton train station is about 2 minutes’ walk from MolyFit.

The Milton ferry terminal is within walking distance (about 10 minutes) and travels to Hamilton (via Brisbane City and South Bank) or to the University of Queensland



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