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**To: State Members**  
**From: AWF CEO on behalf of the AWF Technical Committee**  
**Date: 8 January 2019**  
**Subject: New Rules**

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Dear State Members,

The latest edition of the IWF Technical and Competition Rules & Regulations (TCRR) has been published on the IWF website and can be accessed via the following link:

[https://www.iwf.net/wp-content/uploads/downloads/2019/01/IWF\\_TCRR\\_01012019.pdf](https://www.iwf.net/wp-content/uploads/downloads/2019/01/IWF_TCRR_01012019.pdf)

The AWF Technical Committee has compiled a summary of changes to the TCRR, below. Please distribute this information to all Technical Officials, Coaches and Athletes within your network.

**Additions to previously existing rules:**

2.4.8 It is the sole responsibility of the athlete to complete each lift in accordance with the IWF TCRR and to the satisfaction of the on-duty Technical Officials.

**2.5 INCORRECT MOVEMENTS**

2.5.1.11 Touching the barbell with his / her footwear.

*AWF Comment: The barbell consists of the bar, the discs and the collars. Therefore, if an athlete touches any part of the barbell with his/her footwear, he/she will have performed an Incorrect Movement and the Referees will have to apply TCRR 2.5.1.11 and declare the attempt No Lift.*

4.7.3 Only one pair of shorts may be worn under the costume and the shorts must not be longer than the costume.

**New rules relating to the use of Video Playback Technology:**

3.3.5.4 Challenge Cards are issued to Athletes / Teams to challenge Referees' / Jury's decision. One (1) Challenge Card shall be provided for each athlete.

**3.3.7 Video Playback Technology (VPT) (Regulation)**

3.3.7.1 VPT is technology to review the Referees' / Jury's decision if challenged or in case of disagreement within the Jury.

PRINCIPAL PARTNER



3.3.7.2 At Senior, Junior and Youth World Championships, Olympic and Youth Olympic Games it is obligatory to apply VPT.

#### REGULATION TO 3.3.7 VIDEO PLAYBACK TECHNOLOGY (VPT)

##### 1 Requirements for VPT:

- a) A minimum of four (4) cameras: one (1) in front of the stage, two (2) on both sides diagonal to the stage, and one (1) at the back at platform level
- b) VPT uses own-produced signal, however, it must be connected to the Videoboard and Television / Broadcasting to allow in-venue spectators and TV viewers watch the replay. When the Athlete or Team requests for a Challenge, Videoboard and / or TV must indicate "Challenge"
- c) VPT must serve multi purposes, incl. video archives for later use (e.g. Technical Official training, scientific analysis, seminars / education, etc.).

2 VPT and pertaining monitor to be located on Jury Table or nearby.

3 An Operation Team for VPT must be trained and available for quick and efficient handling of the VPT in case of a Challenge.

4 The procedure can be started by Jury (by stopping the competition) or Athlete / Team (by submitting a Challenge Card to the Technical Controller) before the timing clock is started for the next attempt, or the next athlete having been called appears on the stage, whichever is the last. Upon receiving a Challenge Card, the Technical Controller shall immediately stop the competition.

5 Only the Jury shall control the playback process. Before the Jury proceeds to the playback process, it must check the Challenge's validity.

6 The Jury at its own discretion may also initiate a VPT process when the majority of the Jury's opinion is different from the Referees' decision.

7 There is no limit in the number of replays, however, the Jury must make their decision as quickly as possible.

8 To reverse the Referees' decision, unanimity is required among the Jury Members.

9 Challenge by Athlete or Team.

9.1 Athlete / Team can only challenge the decisions of its own attempts.

9.2 One (1) Challenge Card is provided for each athlete at the weigh-in.

9.3 If the Athlete / Team wants to challenge the Referees' or Jury's decision a Challenge request shall be submitted to the nearest Technical Controller by using the Challenge Card.

9.4 Upon receipt of a Challenge, the Technical Controller must stop the competition to forward the request to the Jury.

9.5 Challenge request can be made only once per athlete. However, if the Jury approves the Challenge, the Athlete / Team retains the Challenge right.

7.5.9 The Jury is not a Jury of appeal; there is no appeal against the Jury's decision except for the Challenge procedure according to 3.3.7.

7.5.10. When the decision of the majority of the Jury members differs from that of the Referees' decisions, the Jury may review Referees' decision and / or Jury's own decision by way of VPT

#### 7.8 TECHNICAL CONTROLLER

7.8.11 Accepts, retains and returns (in case Jury approves the Challenge) Challenge Cards.