

Uesaka Barbell Australia QWA League Final 2017  
Brisbane Barbell Club  
40 Mayne Rd, Bowen Hills

**Competition Timetable - 26<sup>th</sup> November 2017**

Division 4	Weigh-in: 08:00-09:00	Start 10:00am
QWA Special General Meeting		Start 12:00
Division 3	Weigh-in: 10:45-11:45 am	Start 12:45pm
Division 2	Weigh-in: 12:45- 1:45pm	Start 2.45pm
Division 1	Weigh-in: 2:45-3:45pm	Start 4:45pm



**ALL COMPETITORS MUST WEAR A ONE-PIECE LIFTING SUIT THAT COVERS THE TRUNK AND DOES NOT COVER THE ELBOWS.**

**COMPETITORS MAY ALSO WEAR:**

- A collarless T shirt under a one piece lifting suit
- Close-fitting pants under a one-piece lifting suit
- A full body, one-piece unitard under a one-piece lifting suit
- The top of a unitard that covers the elbows under a one-piece lifting suit / or just the bottoms on their own under a one-piece lifting suit

**COMPETITORS CAN NOT WEAR:**

- Pants and a top instead of a one-piece lifting costume
- Loose fitting clothing
- Anything that covers the elbows (apart from a unitard)
- Any clothing that displays words, slogans, or images other than brand trademarks and/or weightlifting club / team names or logos
- Lifting belts wider than 120mm

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## Preliminary Entries

(13<sup>th</sup> November)

### Division 4

#	Name	Y.O.B	Club
1	Maddie Whatman	1998	GCWC
2	Kim Walker	1977	GCWC
3	Rebecca Hopf	1984	TWA
4	Scott Mark	1964	
5	Leandra Miscamble	1956	GCWC
6	Andrea Arnold	1975	ABC
7	Julie Davis	1952	NBWA
8	Linda Skerman	1965	NBWA
9	Jess Ryder	1991	SCWC
10	Lauren Hastings	2004	GCWC

### Division 3

#	Name	Y.O.B	Club
1	Mitchell Levy	1983	NBWC
2	Joshua Wood	1978	GCWC
3	Amy Siebenhausen	1986	IBC
4	Angela Barnas	1980	SCWC
5	Joanne Shack	1988	NBWC
6	Greg Henwood	1969	
7	Cooper Ward	2002	Bounce
8	Blake Mammarella	1995	Bounce
9	To be confirmed		
10	To be confirmed		

### Division 2

#	Name	Y.O.B	Club
1	Devon Kitts	1993	NBWC
2	Leanne Thomas	1987	GCWC
3	Susan Schirmer	1989	Toowoomba
4	Rebecca Jakubovsky	1983	Dungeon
5	John Brown	1980	BBC
6	Quyên Ngyen	1984	CWC
7	Tanya Eames	1987	Toowoomba
8	Sara Seagrave	1996	GCWC
9	To be confirmed		
10	To be confirmed		
	Jacinta Carroll (Div 1)	1992	BBC

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Division 1

#	Name	Y.O.B	Club
1	Adrienne Karniewicz	1984	GCWC
2	Jacinta Carroll (lifting in Div 2 session)	1992	BBC
3	Michael Dunne	1989	Milton
4	Jakob Daniels	1995	SCWC
5	Tara Noonan	1980	BBC
6	Christopher Lai	1998	Bounce
7	Cassie Todd TBC	1991	BBC
8	To be confirmed		
9	To be confirmed		
10	To be confirmed		

