



2017 Queensland Senior & Junior Championships

Cougars Weightlifting Club

Sleeman Sports Complex, Chandler Qld

1-2 April 2017

Name	YOB	Club	BWT	SN	C&J	Tot	Sinclair	Forbes	S	J
Women										
48kg Category										
Robin Parr	1997	COU	44.20	42	53	95	161.118	1384	1	1
Lisa Souter	1973	TOO	47.95	38	50	88	139.603	140	2	---
Chelsea Nicoll	1998	SUN	45.75	39	48	87	143.358	143	3	2
Lauren Hastings	2004	GOL	45.55	35	44	79	130.648	131	---	3
53kg Category										
Alyce Stephenson	1990	COU	50.05	54	83	137	210.209	210	1	---
Tara Noonan	1980	BRI	52.90	58	76	134	197.301	506	2	---
Mary Barter	1987	COU	49.60	52	63	115	177.678	3223	3	---
Ella Cameron	1996	BER	51.15	53	61	114	172.067	719	4	---
Jemma Cowper	1991	STW	52.90	42	61	103	151.656	152	5	---
Maddison Power	2003	GOL	50.80	45	57	102	154.751	836	6	1
58kg Category										
Erika Yamasaki	1987	COU	57.25	74	97	171	238.253	238	1	---
Paige Kimmince	1994	COU	57.65	71	81	152	210.795	211	2	---
Melissa Robinson	1981	COU	57.75	64	84	148	205.011	205	3	---
Rebecca Jakubovsky	1983	DUN	57.10	58	74	132	184.239	184	4	---
Ellen Willis	1965	GOL	56.10	43	57	100	141.261	141	5	---
63kg Category										
Jacinta Carroll	1992	BRI	61.10	73	92	165	220.374	2226	1	---
Maddison Black	1997	COU	62.75	68	80	148	194.438	1805	2	1
Lisa Polowyj	1980	SUN	61.95	50	75	125	165.520	166	3	---
Deborah Hastings	1979	GOL	62.50	52	71	123	161.988	162	4	---
Diana Loy	1965	MIL	58.85	50	72	122	166.906	167	5	---
Danni Humphries	1984	TOO	62.90	49	73	122	160.047	160	6	---
Jayne Winter	1999	COU	62.90	56	64	120	157.423	575	7	2
Tanya Eames	1987	TOO	62.80	51	64	115	151.010	151	8	---
Yee Ling Tay	1990	CAI	61.65	50	63	113	150.081	1604	9	---



69kg Category

Ebony Gorincu	1989	COU	68.95	80	101	181	225.201	225	1	---
Kate Fyfe	1992	COU	68.45	80	100	180	224.851	225	2	---
Christine Reid	1992	NBW	67.60	65	86	151	189.937	4322	3	---
Leanne Thomas	1987	GOL	68.00	58	88	146	183.045	183	4	---
Purdey Noll	1994	BRI	67.55	55	90	145	182.465	764	5	---
Alison Cranston	1991	NBW	68.20	60	81	141	176.489	3523	6	---
Asako Ono	1990	BRI	67.75	59	79	138	173.370	1817	7	---
Rachel Toomua	1991	BRI	66.50	60	75	135	171.391	2082	8	---
Lydia Olsen	1997	COU	66.65	58	75	133	168.635	169	9	1
Samantha Downs	1984	COU	69.00	51	66	117	145.514	970	10	---
Louise Burns	1989	COU	67.55	51	63	114	143.455	143	11	---
Ella Jones	2000	SUN	67.65	46	53	99	124.477	124	---	2
Kacie Reynolds	1991	GOL	68.65	64	---	---	---	---	---	---

75kg Category

Adrienne Karniewicz	1984	GOL	72.00	74	93	167	203.064	203	1	---
Cassie Todd	1991		74.15	71	93	164	196.470	196	2	---
Amie Cox	1992	COU	74.30	66	81	147	175.928	176	3	---
Meagan Wellby	1981	BER	72.85	59	81	140	169.214	2119	4	---
Susan Hornick	1978	COU	74.30	57	75	132	157.976	427	5	---
Madeleine Whatman	1998	GOL	74.25	55	62	117	140.071	140	6	1

90kg Category

Deborah Acason	1983	IOW	84.05	93	112	205	232.028	2669	1	---
Saphire Abraham	2001	COU	88.85	75	93	168	186.058	186	2	1
Amy Siebenhausen	1986	IPS	88.65	60	78	138	152.962	153	3	---
Sara Seagrave	1996	GOL	77.95	50	74	124	145.038	145	4	---

+90kg Category

Kristen Wadwell	1987	TOO	100.15	90	107	197	209.673	2336	1	---
Ema Seiuli	1989	COU	119.35	77	110	187	191.106	191	2	---
Chloe Kerwick	1996	SAI	94.25	68	95	163	176.803	177	3	---
Susan Schirmer	1989	TOO	102.80	76	86	162	171.154	228	4	---



Men

56kg Category

Lynton Hargrave	1985	BOU	55.65	82	107	189	290.784	3754	1	---
Jett Gaffney	2002	COU	54.80	58	75	133	207.018	294	---	1
Cooper Ward	2002	BOU	55.75	56	65	121	185.913	186	---	2

62kg Category

Matteo Merlini	1991	COU	60.75	81	105	186	268.624	269	1	---
Tyson Pool	1995		60.20	80	104	184	267.422	3267	2	---
Matthew Eichmann	2000	MIL	61.95	---	---					

69kg Category

Brandon Wakeling	1991	GOL	68.35	117	150	267	356.978	7464	1	---
Kanishka Guyan Jayaratne	1989	COU	69.00	98	118	216	287.121	287	2	---
Alistair Miliken	1991	COU	68.65	93	114	207	276.014	276	3	---
Lincoln Hanson	1980	COU	68.80	91	110	201	267.656	268	4	---
Dion Kristens	1991	CAI	67.95	79	108	187	250.926	251	5	---
Thomas Foster	1993		69.00	80	106	186	247.243	247	6	---
Mitchell Daniels	1997	SUN	69.00	65	80	145	192.743	193	7	1
Morgan Spencer	2002	IOW	68.10	61	75	136	182.243	182	---	2

77kg Category

Leo Lark	1996	CEN	77.00	120	160	280	349.483	349	1	---
David De Rose	1982	CAI	69.80	110	142	252	332.642	7464	2	---
Christopher Lai	1998	BOU	76.55	109	135	244	305.515	306	3	1
Mitchell Eichmann	1996	MIL	75.65	106	134	240	302.452	2068	4	---
Jonathan Pakchung	1993	MIL	76.85	107	130	237	296.123	296	5	---
Keisuke Hisashi	1997	COU	76.90	102	120	222	277.284	277	6	2
Nathan Rose	1990	FOR	73.20	95	115	210	269.574	270	7	---
Ethan Catlow-Elliott	2000	COU	72.50	96	108	204	263.321	263	8	3
Samuel McPhail	1989		75.60	86	105	191	240.789	4124	9	---
Andrew Sweeney	1992	BRI	74.05	85	105	190	242.308	242	10	---
Tom Friedlander	1998	COU	71.50	85	105	190	247.240	247	11	4
Corey Smith	1998	COU	71.60	78	110	188	244.437	244	12	5
Adam Blair	1989	COU	76.70	75	100	175	218.887		13	---
Joel Richards	2001		73.25	76	90	166	213.009	5022	---	6
Michael Shippley	1992	COU	76.85	---	---					---



85kg Category

Beau Garrett	1990	GOL	84.45	120	157	277	329.894	1813	1	---
Benjamin Shaw	1991	TOO	84.95	122	151	273	324.218	324	2	---
Liam Saxby	1997	CEN	84.25	116	141	257	306.423	306	3	1
Mitchell Busoli	1991		83.50	115	130	245	293.377	2634	4	---
Nicholas Jackson	1988	BER	82.20	102	138	240	289.610	290	5	---
Morgan Michel	1992	COU	83.95	106	132	238	284.256	284	6	---
Matt Warren	1996	BOU	81.85	105	130	235	284.178	248	7	---
Blake Mammarella	1995	BOU	83.75	100	115	215	257.081	826	8	---
Grant Tolentino	1988	COU	83.85	75	125	200	239.008	3507	9	---
Dean Callaghan	1988	BER	82.55	88	106	194	233.610	662	10	---
Sam Hornick	1981	COU	84.80	83	110	193	229.402	2221	11	---
Lucas Alvarez	1979	GOL	84.75	82	103	185	219.954	542	12	---
Joshua Stenhouse	1997	SAI	84.35	82	105	187	222.835	5833	---	2
Brendan Lam	1997	COU	77.55	75	91	166	206.405	1267	---	3
Norman Hanna	1981	TOO	81.85	77	---	---	---	---	---	---

94kg Category

Kris Corrie	1992	COU	92.45	125	145	270	308.774	586	1	---
Shane Wagner	1996	TOO	92.90	120	147	267	304.725	305	2	---
Jeb Wesener	1983	COU	93.50	114	143	257	292.533	293	3	---
Michael Christensen	1986	COU	93.60	115	137	252	286.715	3477	4	---
Michael Dunne	1989	MIL	93.15	107	130	237	270.185	270	5	---
Sotiri Karas	1990	COU	93.85	95	130	225	255.716	4917	6	---
Chris Angel	1985	COU	90.85	95	127	222	255.768	2102	7	---
Byron McGregor	1995	SUN	89.10	88	117	205	238.196	238	8	---
Dugal Smith	1983	NBW	92.35	84	117	201	229.969	1702	9	---
Brent Vaughan	1982	TOO	91.65	80	110	190	218.083	218	10	---
Noah Ogilvie-Mitchell	1985	TOO	91.95	78	107	185	212.050	212	11	---
Jack Spencer	2000	IOW	89.40	75	105	180	208.837	3113	---	1
Toby Weight	1999	IOW	90.55	67	90	157	181.139	765	---	2

105kg Category

Matthew Lydement	1994	BRI	103.95	133	158	291	318.274	318	1	---
Tim Varitimos	1984		101.65	87	120	207	228.178	228	2	---

+105kg Category

Jackson Solofa	1982	COU	130.60	140	166	306	314.854	3200	1	---
Sharn Slade	1997	GOL	109.45	110	151	261	280.715	281	2	1
Ryan Stevenson	1986	BRI	106.55	105	136	241	261.422	2642	3	---
Thomas O'Brien	1989	STW	143.60	91	122	213	215.819	216	4	---



Best Lifter Awards

	Name	Sinclair Points
Senior Male	Brandon Wakeling	356.978
Senior Female	Erika Yamasaki	238.253
Junior Male	Liam Saxby	306.423
Junior Female	Maddison Black	194.438

William Faulkner Performance Awards

	Name	Forbes Points
Senior Male	David De Rose	7467.261
Senior Female	Christine Reid	4321.989
Junior Male	Joshua Stenhouse	5833.499
Junior Female	Robin Parr	1838.670

Records Broken

Lifter	Bwt Cat	Age Group	Record Level	Record Type	New Record
David De Rose	M77	Mast 35-39	QLD	SNATCH	110kg
David De Rose	M77	Mast 35-39	QLD	CJ	142kg
David De Rose	M77	Mast 35-39	AWF	CJ	142kg
David De Rose	M77	Mast 35-39	QLD	TOTAL	252kg
David De Rose	M77	Mast 35-39	AWF	TOTAL	252kg
Lisa Souter	F48	Mast 40-44	QLD	SNATCH	38kg
Lisa Souter	F48	Mast 40-44	QLD	CJ	50kg
Lisa Souter	F48	Mast 40-44	QLD	TOTAL	88kg
Maddison Power	F53	Under 15	QLD	SNATCH	45kg
Melissa Robinson	F58	Mast 35-39	QLD	CJ	84kg



Tara Noonan	F53	Mast 35-39	QLD	SNATCH	58kg
Tara Noonan	F53	Mast 35-39	QLD	CJ	76kg
Tara Noonan	F53	Mast 35-39	QLD	TOTAL	134kg

Jury: Bob Henderson (Cat I), Debra Keelan (Cat I), Lesley Moyle (Cat II), Debbie Smith (Cat I), John Hanlon (Cat I), Ian Moir (Cat I), Lawrie Townsend (Cat I), Mike Keelan (Cat I), Barry Harden (Cat I), Robert Kennedy (Cat I).

Referees: Julie Davis (Cat II), Jemma Cowper (State), Pat Galligan (State), Vanessa Dow (Club), Rawena Tairi (State), Tara Noonan (State), Meg Emerton (State), Steve Laird (State), Cameron Arthur (State), Sue Cox (State), Trevor Walz (State), Wendy Pakchung (National), Amie Cox (State), Peter Foster (Club), Keith Forbes (National), Melissa Robinson (State), Althea Mackie (State), Mitchell Levy (Club), Kara Stuart (National), Dee Loft (Club), Leandra Miscamble (State).

Time Keepers: Matt Ward, Vanessa Dow, Cameron Arthur, Tara Noonan, Lisa Polwyj, Meg Emerton, Steve Laird, Trevor Walz, Mitchell Levy.

Marshals: Damon Kelly, Debra Keelan, Kara Stuart, Erika Yamasaki, Tanya Harden, Steve Laird, Deborah Acason, Lucas Alvarez, Bowen Stuart, Tara Noonan.

TC's: Coral Quinell, Meg Emerton, Julie Davis, {Patrick Galligan, Kara Stuart, Jade Sharp, Keith Forbes, Rawena Tairi, Steve Laird.

M.C: Ian Moir, Robert Kennedy, Jessica Edge, Bowen Stuart.

