



# 2021 Queensland Masters Championships

19-20 June 2021

Hosted by BIMSC:

At Bribie Island State Primary School

31-63 First Ave, Bribie Island

<b>Saturday</b>		<b>Weigh-in</b>	<b>Start</b>
Session 1	F - 9	6.00-7.00am	8.00am
Session 2	F - 7	8.00-9.00am	10.00am
Session 3	M - 9	10.00-11.00am	12.00pm
Session 4	F - 7	12.00-1.00pm	2.00pm
Session 5	M - 7	1.30-2.30pm	3.30pm
Session 6	F - 8	3.30-4.30pm	5.30pm
<b>Sunday</b>			
Session 7	F - 9	6.00-7.00am	8.00am
Session 8	M - 10	8.00-9.00am	10.00am
Session 9	F - 6	10.00-11.00am	12.00pm
Session 10	M - 9	11.30-12.30pm	1.30pm

<b>Saturday</b>		<b>Session 1</b>	<b>Weigh-in 6.00-7.00am</b>		<b>Start 8.00am</b>	
149	65-69	F55	Julie Davis	1952	NBWA	60
227	65-69	F64	Meg Emerton	1953	Cougars	91
248	65-69	F64	Colleen Duplock	1954	NBWA	63
42	65-69	F76	Leandra Miscamble	1956	Burleigh	60
209	60-64	F59	Maree Davidson	1960	BIMSC	65
72	60-64	F64	Coral Quinell	1957	Milton	75
208	60-64	F64	Wendy Pakchung	1961	Milton	55
94	60-64	F71	Wendy Campbell	1961	Noosa B	65
267	60-64	F71	Sue Cox	1961	NBWA	74
	65-69	Exemption approved	Margaret Lees	1952	Cairns Green Ants	0

		<b>Session 2</b>	<b>Weigh-in 8.00-9.00am</b>		<b>Start 10.00am</b>	
119	55-59	F59	Diana Loy	1965	None	100
123	55-59	F64	Ellen Willis	1965	Burleigh	94
53	55-59	F71	Linda Skerman	1965	NBWA	105
131	55-59	F81	Bronwyn Hitchener	1962	TWA	110
	55-59	Exemption approved	Rawena Tairi	1966	Burleigh	0
20		Guest	Olivia Kelly	1993	Ipswich	200
95		Guest	Julie Hind	1990	Milton	145
246		Guest	Sarah Cochrane	1989	Thunder	200
		<b>Session 3</b>	<b>Weigh-in 10.00-11.00am</b>		<b>Start 12.00pm</b>	
161	70-74	M89	Ludek Prokes	1949		80
97	65-69	M81	Ron Fraser	1954	Burleigh Barbell	140
	60-64	M73	Terry Munro	1959	Output Barbell	80
	60-64	M81	Greg Hobl	1960	Toowoomba	155
	60-64	M102	Stephen Johnstone	1958	None	165
214	55-59	M81	Dion Walmsley	1966	None	190
153	55-59	M89	Mark Elliott	1965	None	155
14	55-59	M109	Scott Mark	1964	Burleigh Barbell	160
		<b>Session 4</b>	<b>Weigh-in 12.00-1.00pm</b>		<b>Start 2.00pm</b>	
108	50-54	F76	Megan Stevens	1968	Toowoomba	88
157	50-54	F76	Charlene Whitton	1969	Noosa Barbell	85
271	50-54	F81	Nicole Swanson	1970		114
76	50-54	F87	Sandra Branson	1967	Stay True	96
81	50-54	F87	Althea Mackie	1970	Burleigh Barbell	119
32	50-54	F87+	Dale Donaghue	1971	Sunshine Coast	110

		<b>Session 5</b>	<b>Weigh-in 1.30-2.30pm</b>		<b>Start 3.30pm</b>	
194	50-54	M67	Graham Walker	1970	Output Barbell	168
159	50-54	M96	James Mildren	1967	DBC	183
142	45-49	M73	Steven Graham	1973	Ipswich	180
117	45-49	M89	Michael Ogrodniczek	1974	BIMSC	185
250	45-49	M89	Jeff Davie	1974	Unattached	210
93	Guest	Guest	Leo Lark	1996	Milton	300
220	Guest	Guest	Liam Saxby	1997	Milton	291
	50-54	Exemption approved	Peter Foster	1967	Southside Storm	170
	50-54	Exemption approved	Alan Slack	1971	Berserker Barbell	0
		<b>Session 6</b>	<b>Weigh-in 3.30-4.30pm</b>		<b>Start 5.30pm</b>	
247	50-54	F55	Sonia Stenhouse	1971	Saints	90
40	50-54	F64	Fiona Redhead	1967	Milton	110
104	50-54	F71	Vicki Jones-Creagan	1971	Milton	50
199	50-54	F71	Mel Lumb	1971	Noosa Barbell	100
301	50-54	F71	Elizabeth Buikstra	1967	Dungeon Barbell	100
152	45-49	F55	Lisa Souter	1973	Toowoomba	76
261	45-49	F81	Malgorzata Soroka	1973		110
215	45-49	F87+	Telia Tonkin	1976	Milton	75
	50-54	Exemption pending	Michelle Kinnane	1971	North Brisbane	0
	45-49	Exemption approved	Joanne Phillips	1975	Noosa Barbell	0
	45-49	Exemption approved	Stephanie Kirk	1974	Output Barbell	115

<b>Sunday</b>						
		<b>Session 7</b>	<b>Weigh-in 6.00-7.00am</b>		<b>Start 8.00am</b>	
	40-44	Exemption approved	Meagan Wellby	1981	Berserker Barbell	0
	40-44	Exemption approved	Penny Tudberry	1981	Dungeon Barbell	140
	40-44	Exemption approved	Sally Wells	1981	Berserker Barbell	0
	40-44	Exemption approved	Samantha Shroll	1980	Thunder Barbell	0
78	40-44	F64	Lisa Polowyj	1980	Sunshine Coast	127
253	40-44	F64	Deborah Hastings	1979	Burleigh Barbell	104
12	40-44	F76	Disa Caspersen	1980	Milton	126
70	40-44	F76	Dianna Worrell	1980	Noosa Barbell	80
233	40-44	F81	Gaylene Rohde	1977	BIMSC	107
125	40-44	F87	Tina Cotter	1980	None	128
130	40-44	F87	Leah Chandler	1978	MiltM67on	107
272	40-44	F87	Angela Barnas	1980	Sunshine Coast	153
138	40-44	F87+	Lauren Staples	1981	None	129
		<b>Session 8</b>	<b>Weigh-in 8.00-9.00am</b>		<b>Start 10.00am</b>	
24	40-44	M67	<i>Rodney Hill</i>	1979	Unattached	180
239	40-44	M73	<i>Matthew Manz</i>	1977	Burleigh Barbell	186
135	40-44	M81	<i>Callum Hannay</i>	1979	Burleigh Barbell	160
257	40-44	M81	<i>Bobby Johnson</i>	1977	Southside Storm	211
22	40-44	M89	<i>Mark O'Halloran</i>	1978	None	146
	40-44	Exemption approved	Ignatius Papenga	1980	Stack City	
48	40-44	M102	Matt Jenkinson	1979	Stay True	170
191	40-44	M102	Chris Partridge	1979	Cougars	220

		<b>Session 9</b>	<b>Weigh-in 10.00-11.00am</b>		<b>Start 12.00pm</b>	
		Exemption approved	Amy Siebenhausen		Ipswich	
	35-39	Exemption approved	Belinda Webber	1985	Thunder Barbell	0
	35-39	Exemption approved	Jacque Kendall	1983	Stay True	0
	35-39	Exemption approved	Katie Harrold	1986	Berserker Barbell	0
	35-39	Exemption approved	Shannon Good	1984	Dungeon Barbell	0
68	35-39	F59	Gabrielle Snowdon	1984	Cougars	110
45	35-39	F64	Rachel Mc Ewan	1983	Unattached	119
139	35-39	F64	Rebecca Jakubovsky	1983	Thunder Barbell	123
133	35-39	F71	Ainsleigh Pegg	1982	Vivid Barbell	105
273	35-39	F76	Emma Fetherston	1985	PandaUnit	118
		<b>Session 10</b>	<b>Weigh-in 11.30-12.30pm</b>		<b>Start 1.30pm</b>	
	35-39	Exemption approved	Malcolm Wright	1983	Dungeon Barbell	0
	35-39	Exemption approved	Craig Hamilton		Berserker	
2	35-39	M81	Alan (Songhwan) park	1983	NBWA	200
74	35-39	M89	Justin Connor	1985	Burleigh	236
107	35-39	M89	Ty May	1985	Thunder	174
255	35-39	M89	Dylan Fowler	1986	Cougars	220
280	35-39	M89	Rohan Acland	1984	PandaUnit	148
189	35-39	M96	Christian Hopper	1985	NBWA	218
196	35-39	M96	Taylor Reed	1985	None	246
47	35-39	M109	Kelly Weatherstone	1986	Thunder	274

### COMPETITION INFORMATION

Changes of bodyweight Category for the Masters Competition must be made to the QWA Office by 12.00pm Thursday 17<sup>th</sup> June via email: [qwa@qwa.org](mailto:qwa@qwa.org) OR Text: 0438 031 377

Lifters who do not make weight can not lift in any capacity.

Note: No bodyweight categories or change notifications required for Non-Masters lifters

### **Photo ID to be presented at Weigh-in**

ALL COMPETITORS MUST WEAR A ONE-PIECE LIFTING SUIT THAT COVERS THE TRUNK.

COMPETITORS MAY ALSO WEAR:

- A collarless T shirt under a one piece lifting suit
- Close-fitting pants under a one-piece lifting suit
- A full body, one-piece **non-patterned unitard** under a one-piece lifting suit
- The top of a non-patterned unitard that covers the elbows under a one-piece lifting suit / or just the bottoms on their own under a one-piece lifting suit

COMPETITORS CAN NOT WEAR:

- Pants and a top instead of a one-piece lifting costume
- Loose fitting clothing
- Anything that covers the elbows (apart from a unitard)
- Any clothing that displays words, slogans, or images other than brand trademarks and/or weightlifting club / team names or logos
- Lifting belts wider than 120mm