



2023 QWA ALL SCHOOLS CHAMPIONSHIPS

BURLEIGH BARBELL CLUB

4/12 Township Drive Burleigh Heads

6-7 May

FINAL ENTRIES

SATURDAY 6 MAY			
SESSION	CATEGORIES	WEIGHIN	PRESENTATION
1	M & F U13 (2)	8:00-8:30AM	9:00AM
2	F45, 55 (8)	8:00-9:00AM	10:00AM
3	M49, 55, 61, 67 (9)	10:00-11:00AM	12:00MD
4	F59,64 (9)	12:00-1:00PM	2:00PM
5	M73, 81 (12)	2:00-3:00PM	4:00PM
SUNDAY 7 MAY			
SESSION	CATEGORIES		
6	F71, 76 (10)	8.00-9.00AM	10.00AM
7	F81, 81+ (11)	10.00-11.00AM	12.00PM
8	M89, 102+ (6)	12.00-1.00PM	2.00PM

SESSION 1							
104	TATIANA NICHOLLS	2013	BARBELL 4017	55	U13		
220	MAX MINGIN	2012	BURLEIGH	60	U13		
SESSION 2						U15	OPEN
12	POPPY FORREST	F45	2009	NONE	79		
70	MARIELLA GONZALEZ	F45	2008	NONE	93		
2	ALEXANDRA TIMCHUR	F55	2009	SCWC	88		
45	HEIDI SMITH	F55	2009	SCWC	69		
78	OLIVIA COKER	F55	2008	IWC	100		
138	CHLOE PERKINS	F55	2006	NONE	150	X	
SESSION 3							
206	ATTICUS MANZ	M49	2010	BURLEIGH	94		
66	TYSON EABORN	M55	2009	COUGARS	84		
240	BEN CATLOW-ELLIOTT	M55	2006	COUGARS	106	X	
107	CALLUM ANDERSEN	M55	2009	TBC	70		
93	CHARLIE GARNIER	M61	2010	CWC	66		
196	ARCHER TURNER	M61	2007	TWA	121	X	
74	LEVI DEANS	M67	2006	SCWC	191	X	
47	COOPER LYDEMENT	M67	2007	BARBELL 4017	130	X	



	SESSION 4					U15	OPEN
68	HOLLY SOUTER	F59	2008	TWA	117		
125	KATIAH MARRIAGE	F59	2008	WWC	80		
128	ELLIE TULUAU	F59	2008	IWC	103		
130	CHARLOTTE GOODWIN	F59	2006	IWC	115	X	
233	GEORGIA JANE SADLER	F59	2008	MILTON	62		
3	YASMIN AZIZ	F64	2008	MILTON	110		
30	SAIGE GROVES	F64	2008	COUGARS	125		
199	CHLOE DOLLEY	F64	2010	TWA	80		
257	CHARLI BAKER	F64	2008	FRASER COAST	50		
297	SOPHIE DALEY	F64	2007	TWA	142	X	
	SESSION 5						
25	TYSON WILLIAMS-ALLEN	M73	2007	WWC	170	X	
39	AMALACHI SMITH	M73	2010	IWC	48		
73	TYLER FRASER	M73	2007	FRASER COAST	90	X	
189	JOSH STRANGE	M73	2006	NBWA	225	X	
211	AYRTON RISBY	M73	2006	COUGARS	222	X	
255	OLIVER FARRELL	M73	2006	BURLEIGH	120	X	
256	DAMIAN SAUNDERS	M73	2009	NONE	95		
29	ASHER JOSEPH	M81	2006	BURLEIGH	180	X	
85	MITCHELL CONWAY	M81	2008	NORTH GOLD	105		
142	HARRY SEATON	M81	2010	TWA	71		
142	KIERAN ELLIOTT	M81	2010	BURLEIGH	85		
224	TAIT STUART	M81	2005	TOOWOOMBA	159	X	
290	RHYS WILLIAMS-ALLEN	M81	2009	WHITSUNDAY	30		
	SESSION 6						
22	POPPY PRIESTLEY	F71	2006	COUGARS	100	X	
24	JASMINE NICHOLLS	F71	2007	BARBELL 4017	95	X	
26	LILLIAN NICHOLLS	F71	2008	FRASER COAST	40		
48	NATASHA LYNCH	F71	2006	NORTH GOLD	139	X	
135	HARPER TALBOT	F71	2008	COUGARS	90		
191	ELLA MCINTYRE	F71	2006	NONE	161	X	
239	JEYDA ASLAN	F71	2008	BURLEIGH	98		
300	REBEKAH NICHOLLS	F71	2007	FRASER COAST	40	X	
133	SOPHIE SEARS	F76	2008	NORTH GOLD	102		
190	ALANA CASTLE	F76	2007	BURLEIGH	144	X	



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	SESSION 7					U15	OPEN
37	REAGAN WOOD	F81	2009	TOOWOOMBA	82		
118	NYLAH GOBLE-LOTE	F81	2009	NORTH GOLD	110		
147	SELINA RICHARDS	F81	2008	TWA	111		
279	LILLIANA KENDALL	F81	2006	STAY TRUE	116	X	
96	CHYANNE WHITE	F81+	2009	NONE	30		
139	ADDISON JEFFRIES	F81+	2008	IWC	120		
163	MANAIA RUKA	F81+	2005	COUGARS	145	X	
173	ABBEY HANCOCK	F81+	2006	IWC	115	X	
272	LAYLA BLOOM	GUEST	2005	GUEST	174	X	X
273	JAZELLE BATTY	F81+	2008	BARBELL 4017	30		
301	KIRRA CSURHES	GUEST	2000	GUEST	170	X	X
	SESSION 8						
67	NOAH SLEIMAN	M89	2007	BURLEIGH	145	X	
114	PATTERSON CASEY	M89	2005	BURLEIGH	105	X	
167	CONNOR HOPGOOD	M89	2008	NORTH GOLD	139		
232	HARVEY STEFFEN	M89	2006	TWA	154	X	
295	JACK ELLIOTT	M89	2008	BURLEIGH	65		
151	HILTON IM	M102+	2007	COUGARS	190	X	

COMPETITION INFORMATION

BBQ and canteen onsite with drinks, baked good, lollies, muesli bars etc as well as 2 hampers to be raffled off each day. All proceeds go towards Burleigh Barbell Club. Eftpos is available as well as cash payments.

BRAYVA will also have a gazebo with mobility equipment for sale on site.

Minimum Competition uniform requirements:

- Close-fitting pants (shorts/bike pants) and a close-fitting t-shirt that does not cover the elbows.

COMPETITORS MAY ALSO WEAR:

- A one-piece lifting suit
- A collarless T shirt under a one-piece lifting suit
- Close-fitting pants under a one-piece lifting suit
- A full body, one-piece unitard under a one-piece lifting suit



- The top of a unitard that covers the elbows under a one-piece lifting suit / or just the bottoms on their own under a one-piece lifting suit

COMPETITORS CAN NOT WEAR:

- Loose fitting clothing
- Anything that covers the elbows (apart from a unitard)
- Shirts with collars
- Any clothing that displays words, slogans, or images **other than** brand trademarks and/or weightlifting club / team names or logos
- Lifting belts wider than 120mm

PHOTO ID MUST BE PRESENTED AT WEIGH-IN – Not required for those in the U13 Event

For those that do not have a passport or photo ID student card, you will need to copy and show your birth certificate, together with a current photo to a JP, for signed verification. This document will then be able to be used as ID at weigh-in for this competition and for National Championships.

MINIMUM WEIGHT:

The minimum weight that can be attempted at this event is 5kg. Rules for the modified Under 13 competitions can be found below.

AWARDS:

Medals for 1st, 2nd & 3rd place in all bodyweight categories in both U15 and Open age groups

Best lifter trophies: Best U15 Female; Best U15 Male lifter; Best U17 Female lifter; Best U17 Male lifter.
(Calculated using Sinclair)

U13 Modified competition Participation medals for all competitors and Best lifter trophies for Best U13 Male and Best U13 Female calculated using Sinclair points. Attempt cards will be used for this session; however, you will note some options for weight changes have been removed.