



2023 State Senior Weightlifting Championships

20-21 May

Thunder Barbell Club, Townsville

SESSION	CATEGORIES	WEIGHIN	PRESENTATION
	SATURDAY		
1	F49, 55, 59, 64 (14)	7:00-8:00AM	9:00AM
2	M67, 73, 81 (13)	9:30AM-10.30AM	11:30AM
3	F71 (13)	12:00-1:00PM	2:00PM
4	M89 (11)	2:30-3:30PM	4:30PM
	SUNDAY		
5	F76, 81, 87, 87+ (8)	8:00-9:00AM	10:00AM
6	M96, 102, 109, 109+ (8)	10:00-11:00AM	12:00PM

	SESSION 1 – F49, 55, 59,64	WEIGHIN 7:00 – 8:00AM PRESENTATION 9:00AM			
	LIFTER	YOB	CLUB	BWT CAT	TOTAL
	Session 1				
301	Ruth Clun	1996	Thunder Barbell	F49	100
104	Janaya Nikora	1990	Cougars	F55	142
199	Karli Duesbury	1995	Bounce	F55	164
39	Dani O'Neil	1995	Thunder Barbell	F59	123
117	Kayla Miller-Gorce	1999	Burleigh Barbell	F59	159
142	Piper McSorley	2002	North Brisbane	F59	126
206	Sarah Hearn	1987	Cougars	F59	164
93	Marika Danaher	2001	North Brisbane	F64	136
159	Sarah Lorenzo	1991	Cougars	F64	177
194	Nathalie Lejeune	1989	Body Express	F64	135
220	Hailinn Diola	1993	Ipswich Weightlifting	F64	168
254	Elizabeth Sawyer	1993	Burleigh Barbell	F64	155
272	Alecha Mahoney-Piva	1994	Cougars	F64	178
297	Brenna Kean	1995	Guest	F64	185
	Session 2		WEIGHIN 9:30-10:30AM	PRESENTATION	11:30AM
37	Reon Van Rooyen	1999	None	M67	158
273	Rodney Hill	1979	Ipswich Weightlifting	M67	190
96	Brayden Williams	1996	Burleigh Barbell	M73	252
118	Nicholas Raithby	1989	None	M73	185
139	Tristan Gibson	1999	Ipswich Weightlifting	M73	215
147	David Gilpatrick	1988	Thunder Barbell	M73	220
173	Lachlan Gallegos	1997	Cougars	M73	195
66	Farren Leatham O'Brien	1992	Thunder Barbell	M81	227
107	Keisuke Hisashi	1997	Burleigh Barbell	M81	240
156	Rory Scott	1999	Milton	M81	250
163	Min Soo Ha	1996	Milton	M81	180
240	Lachlan Watt	2006	Thunder Barbell	M81	240
245	Aiden Simkin	2002	Thunder Barbell	M81	230

	Session 3		WEIGHIN 12:00-1:00PM	PRESENTATION	2:00PM
2	Sarah Cochrane	1989	Thunder Barbell	F71	215
12	Bronte Maund	2000	None	F71	159
45	Jessica Gorka	2004	Cougars	F71	163
68	Eleisha Robinson	1997	Thunder Barbell	F71	123
70	Aiesha Lewis-Zraika	2002	Ipswich Weightlifting	F71	125
78	Ruby Carwardine	2002	Whitsunday	F71	168
125	Darcy Kay	1993	Cougars	F71	199
128	Gabrielle Day	1993	Cougars	F71	130
130	Tandia Wood	1997	Cougars	F71	148
136	Izabela Bilka	1991	None	F71	136
138	Jacklenn Figg	1999	Thunder Barbell	F71	160
184	Aisling Scott	1992	Cougars	F71	175
233	Chloe Rohan	1996	Thunder Barbell	F71	140
	Session 4		WEIGHIN 2:30-3:30PM	PRESENTATION	4:30PM
25	Igo Lohia	1999	Cougars	M89	235
29	Liam Saxby	1997	Milton	M89	290
47	Matt Scipione	1994	Thunder Barbell	M89	226
73	Blayze Sherry	1991	Milton	M89	250
74	Jeff Johnson	1998	Burleigh Barbell	M89	189
85	Justin Connor	1985	Burleigh Barbell	M89	236
189	Mark Henry	1981	Thunder Barbell	M89	230
211	Ryven Ewing	2002	Bounce	M89	295
224	Ajdin Mujanovic	1994	None	M89	251
255	Alasdair MacDonald	1992	Ipswich Weightlifting	M89	258
256	Joel Gregson	1993	Cougars	M89	290
	SUNDAY				
	Session 5		WEIGHIN 8:00-9:00AM	PRESENTATION	10:00AM
3	Ebony Gorincu	1989	Cougars	F76	180
30	Ella Duncombe	1990	None	F76	144
22	Chelsea Weston	1993	Ipswich Weightlifting	F81	177
48	Barbara McKellar	1980	Thunder Barbell	F81	130
257	Ella Naidoo-Golledge	2003	Burleigh Barbell	F81	161
24	Luiza Sartori	1998	Burleigh Barbell	F87+	165
135	Chloe Kerwick	1996	Saints	F87+	160
191	Meagan Davies	1993	Ipswich Weightlifting	F87+	161
	Session 6		WEIGHIN 10:00-11:00am	PRESENTATION	12:00PM
67	Jackson Pearson	1993	Thunder Barbell	M96	200
151	Jackson Dahlenburg	1997	Cougars	M96	276
167	Tyler Woolfe	1999	Ipswich Weightlifting	M96	276
232	Jonathan Willey	1998	None	M96	245
34	Fraser Harrison	1991	Cougars	M102	266
35	Eduardo Viso Sande	1998	Burleigh Barbell	M109	271
175	Luke Gardner	1988	Burleigh Barbell	M109+	225
285	Jackson Solofa	1982	Ipswich Weightlifting	M109+	280



2023 State Senior Weightlifting Championships

20-21 May

Thunder Barbell Club, Townsville

Exemption approved	Tise	Aaifou
Exemption approved	Ryan	Collins
Exemption approved	Celeste	Van Coeverden
Exemption approved	Jakob	Daniels
Exemption awaiting supporting information	Adrienne	Karniewicz
Exemption awaiting supporting information	Nya	Hayman
Exemption approved	Olivia	Kelly
Exemption approved	Dominika	Makosova
Exemption approved	Benjamin	Thomas
Exemption awaiting supporting information	Matthew	Lydement
Exemption awaiting supporting information	Tori	Gallegos
Exemption approved	Jessica	Watzek
Exemption awaiting supporting information	Cayo	Andreotti
Exemption approved	Olivia	Kelly
Exemption awaiting supporting information	Halle	Mifsud
Exemption approved	Emily	de Rooy
Exemption approved	James	Norman
Exemption approved	Imogen	Crowell
Exemption approved	Kirra	Csurhes
Exemption awaiting supporting information	Beau	Garrett
Exemption approved	Tenaya	Yorston

COMPETITION INFORMATION

Photo ID and Starting Weights **MUST** be presented/submitted at weigh-in.

Underwear must be worn at weigh-in.

All competitors **MUST** wear a one-piece lifting suit that cover the trunk and does not cover the elbows. Please do not wear a Queensland or Australian lifting suit unless you have represented Qld or Aus.

COMPETITORS MAY ALSO WEAR:

A collarless T shirt under a one-piece lifting suit

Close-fitting pants under a one-piece lifting suit

A full body, one-piece unitard under a one-piece lifting suit

The top of a unitard that covers the elbows under a one-piece lifting suit / or just the bottoms on their own under a one-piece lifting suit

COMPETITORS CAN NOT WEAR:

Loose fitting clothing

Anything that covers the elbows (apart from a unitard)

Shirts with collars

Any clothing that displays words, slogans, or images **other than** brand trademarks and/or weightlifting club / team names or logos

Lifting belts wider than 120mm

AWARDS:

Medals for 1st, 2nd & 3rd place in all bodyweight categories.

Best lifter Plaques: Best Female lifter; Best Male lifter (calculated using Sinclair)

Most Improved Lifter Award trophies: Most Improved Female lifter; Most Improved Male

lifter (calculated using the Forbes formula)