

# 2024 THE CHARTIST QLD SENIOR CHAMPIONSHIPS

## Preliminary Entries



**Saturday 13th & Sunday 14th July 2024**

Milton Weightlifting Club, 40 Mayne Road, Bowen Hills

Verification of entries close Wednesday 10th July via email to [qwa@qwa.org](mailto:qwa@qwa.org).

### COMPETITION INFORMATION

- To be eligible to compete at this event lifters must have competed in an approved competition in the qualifying period of 12 July 2023 – 23 June 2024 and achieved a minimum of a State Senior qualifying total.
- All competitors are expected to nominate for at least one session as a volunteer during the competition. [Sign up here](#).
- No dogs rule are permitted at the venue and children must be supervised.
- Photo ID and Starting Weights MUST be presented/submitted at weigh-in. Competitors must wear a lifting suit at weigh-in.
- All competitors MUST wear a one-piece lifting suit that cover the trunk and does not cover the elbows. Please do not wear a Queensland or Australian lifting suit unless you have represented Qld or Aus. There are some generic black suits available in the QWA Shop if you need to purchase one. Note there is no additional incoming stock before the event.
- The event will be live streamed on the Qld Weightlifting Facebook page.
- Athlete videos will be available for pre-order from Brent Things and Stuff on Instagram.

### COMPETITORS MAY ALSO WEAR:

- A collarless T shirt under a one-piece lifting suit
- Close-fitting pants under a one-piece lifting suit
- A full body, one-piece unitard under a one-piece lifting suit
- The top of a unitard that covers the elbows under a one-piece lifting suit / or just the bottoms on their own under a one-piece lifting suit

### COMPETITORS CAN NOT WEAR:

- Loose fitting clothing
- Anything that covers the elbows (apart from a unitard)
- Shirts with collars
- Any clothing that displays words, slogans, or images other than brand trademarks and/or weightlifting club/team names or logos
- Lifting belts wider than 120mm

### AWARDS:

- Medals for 1st, 2nd & 3rd place in all bodyweight categories.
- Best lifter Plaques: Best Female lifter; Best Male lifter (calculated using Sinclair)
- Most Improved Lifter Award trophies: Most Improved Female lifter; Most Improved Male lifter (calculated using the Forbes formula)

### ATHLETE EXEMPTIONS:

- James Norman – Approved
- Cameron Maher – awaiting supporting documentation

SATURDAY 13TH JULY		WEIGH-IN	START
Session 1 F49,55,59		8am - 9am	10am
Session 2 M61, 67, 73		10.30-11.30am	12.30pm
Session 3 F64		12.30-1.30pm	2.30pm
Session 4 M81		2.30-3.30pm	4.30pm

SUNDAY 14TH JULY		WEIGH-IN	START
Session 5 F71, 76		7am-8am	9am
Session 6 M89		9am-10am	11am
Session 7 F81, 87		11am-12pm	1pm
Session 8 M96, 102, 109, 109+		1pm-2pm	3pm

## SATURDAY

### SESSION 1

98	F49	Sarah Dioguardi	2000	Milton	95
230	F49	Sienna Lambert	2008	Cougars	107
17	F55	Chloe Perkins	2006	None	160
291	F55	Dominika Makosova	1991	Burleigh Barbell	136
58	F59	Jessica Malone	1987	None	118
92	F59	Dani O'Neil	1995	Cougars	129
132	F59	Kayla Miller-Gorce	1999	Burleigh Barbell	160
140	F59	Natalie Marshall	1985	Noosa Barbell	147
162	F59	Karli Duesbury-Marek	1995	Bounce	167

### SESSION 2

216	M61	David Futo	1993	Milton	160
275	M67	Reon Van Rooyen	1999	None	200
69	M73	Brayden Williams	1996	Burleigh Barbell	245
72	M73	Chris Chung	1994	Body Express	185
209	M73	Levi Deans	2006	Sunshine Coast	200
267	M73	Ulrich Smit	1998	North Brisbane	175

### SESSION 3

19	F64	Emmanuela Romano	1998	Cougars	138
20	F64	Hailinn Diola	1993	Ipswich	150
53	F64	Courtney Haley	1994	None	159
95	F64	Kate Edwards	2002	Milton	141
119	F64	Briony Challis	2000	Cougars	181
123	F64	Ciera Stafford	1999	Cougars	131
131	F64	Anna Wishnowsky	1994	North Brisbane	159
246	F64	Kate Edwards	2002	Milton	141
296	F64	Lauryn Bromhead	2003	Burleigh Barbell	149

### SESSION 4

42	M81	Rory Scott	1999	Milton	300
94	M81	Joshua Swanepoel	2003	Cougars	250
103	M81	Samuel Cartwright	2004	Cougars	207
149	M81	Nathan George	1996	Ipswich	240
208	M81	Cesar Oyola	1991	Burleigh Barbell	220
227	M81	Zac Schwitter	1998	Noosa Barbell	240
248	M81	Mitch Grieve	1995	Burleigh Barbell	180

**SUNDAY****SESSION 5**

23	F71	Sarah Lorenzo	1991	Cougars	140
58	F71	Aisling Scott	1992	Cougars	181
132	F71	Kaiya Ngahina Marsh	2006	Noosa Barbell	147
140	F71	Nya Hayman	2005	Cougars	200
162	F71	Isabelle Farthing	2005	None	140
69	F76	Olivia Kelly	1993	Ipswich Weightlifting	205
72	F76	Tandia Wood	1997	Cougars	150
216	F76	Caitlin Ford	1994	Milton	126
275	F76	Mikala Ferguson	1995	Milton	145

**SESSION 6**

86	M89	Aldous McCarthy	2000	Milton	190
97	M89	Matt Scipione	1994	Thunder Barbell	226
153	M89	Alexander Isaac	1993	Cougars	202
157	M89	Tait Stuart	2005	Toowoomba	193
161	M89	Min Soo Ha	1996	Milton	207
213	M89	Jeff Johnson	1998	Burleigh Barbell	188
214	M89	Hayden Davie	1993	Milton	250
243	M89	Justin Connor	1985	Burleigh Barbell	255
259	M89	Stuart Ng	1997	Milton	222
286	M89	Levi Fredericks	1999	Body Express	235

**SESSION 7**

76	F81	Ella Naidoo-Golledge	2003	Burleigh Barbell	155
81	F81	Michelle Thomanek	1992	Milton	134
192	F81	Alana Castle	2007	Burleigh Barbell	145
271	F81	Chelsea Weston	1993	Ipswich	168
31	F87	Alissa Chant	1987	North Brisbane	150
32	F87	Claire Binch	1988	Burleigh Barbell	150
204	F87	Charjae Cracknell	1996	Burleigh Barbell	180
292	F87	Sharntahlia Ale	1999	Body Express	151
293	F87	Maria Divina	1995	None	142

**SESSION 8**

40	M96	Liam Janse van Rensburg	1995	Dux	220
177	M96	Jack Lafferty	2006	Noosa Barbell	250
199	M96	Samuel Dickman	1999	Milton	246
215	M96	Blayze Sherry	1991	None	260
247	M96	Kevin Tam	2000	Cougars	235
301	M96	Ryan Villiers	1994	Cougars	220
39	M102	Taj Marsh	2004	Noosa Barbell	280
104	M102	Deane Casson	1995	Burleigh Barbell	250
142	M102	Jakob Daniels	1995	Sunshine Coast	280
206	M102	Fraser Harrison	1991	Rebuild	265
93	M109	Shane Reinke	1997	Ipswich	230
117	M109	Jack Cunningham	1993	Milton	199
220	M109	Sotiri Karageorgiou	1990	Cougars	290
254	M109+	Angus Ward	2003	Noosa Barbell	240