

2024 QLD U12, U15 & YOUTH CHAMPIONSHIPS

Preliminary Entries



Saturday 24th August 2024

Fraser Coast Weightlifting Club, 92 Beach Road Pialba

Verification of entries close Wednesday 21st August via email to qwa@qwa.org.

COMPETITION INFORMATION

- Athletes competing in the U15 & Youth age-group must produce photo ID at the weigh-in. Failure to produce ID will result in the athlete not being permitted to contest the event
- Athletes competing in the U12 modified competition are not required to provide photo ID at weigh-in
- Any athlete in the U15 & Youth Age groups of the competition not registering a result in the Snatch will not be allowed to participate in the Clean & Jerk section of the competition
- The 20kg rule will not be in use at this competition

COMPETITORS CAN WEAR:

- Close-fitting pants (shorts/bike pants) and a close-fitting t-shirt that does not cover the elbows is the minimum requirement.
- A collarless T shirt under a one-piece lifting suit
- Close-fitting pants under a one-piece lifting suit
- A full body, one-piece unitard under a one-piece lifting suit
- The top of a unitard that covers the elbows under a one-piece lifting suit or just the bottoms on their own under a one-piece lifting suit

COMPETITORS CAN NOT WEAR:

- Loose fitting clothing
- Anything that covers the elbows (apart from a unitard)
- Shirts with collars
- Any clothing that displays words, slogans, or images other than brand trademarks and/or weightlifting club/team names or logos
- Lifting belts wider than 120mm

AWARDS:

- Individualised participation certificates for all participants
- Participation medals for all U12 entrants
- Gold, Silver & Bronze medals for each bodyweight category in both U15 & Youth age-groups for males & females
- Best Lifter trophies for males & females in U12, U15 & Youth age-groups calculated using Sinclair points

VOLUNTEERING:

- All athletes are expected to volunteer to assist in running the competition for at least one session, or have a family member, friend or fellow club member nominate to fill their spot.
- [Sign up to volunteer here](#)

SATURDAY 24TH AUGUST					WEIGH-IN & START TIMES	
SESSION 1 / M49,61, 67,73					Weigh-in 6-7am Start 8am	
98	M49	David Goldsmith	2011	None	55	
17	M61	Tyson Eaborn	2009	Cougars	132	
230	M61	Leon Neal	2010	Cougars	85	
58	M67	Cooper Lydement	2007	Barbell 4017	165	
92	M67	Bryn Cook	2010	Berserker Barbell	110	
291	M67	Connor TONKIN	2011	LiFT Brisbane	50	
132	M73	Hyeonchan Kim	2007	None	140	
162	M73	Kase Dowd	2009	Noosa Barbell	105	
SESSION 2 / F45, 49,55, 59					Weigh-in 7.30-8.30am Start 9.30am	
23	F45	Poppy Forrest	2009	North Brisbane	91	
216	F49	Bailey Stevens	2010	Cougars	50	
69	F55	Alexis Smith	2011	United Barbell Club Inc.	77	
72	F55	Mahalia Davidson	2009	Bribie Island	81	
209	F55	Olivia Coker	2008	Ipswich Weightlifting	115	
275	F55	Emma Corin	2011	Barbell 4017	45	
94	F59	Heidi Smith	2009	Sunshine Coast	99	
149	F59	Georgia Sadler	2008	None	142	
208	F59	Caitlin van Waveren	2009	Cougars	95	
248	F59	Annabelle Morgan	2009	Stay True	100	
267	F59	Summa Salisbury	2011	Saints	61	
SESSION 3 / U12 M & F					Weigh-in 10.30-11am Start 11.30am	
103	M	Jaxson Daniels	2016	Sunshine Coast		
112	F	Ava Bleakley	2013	None		
119	F	Kenzie Friend	2013	Sunshine Coast		
123	M	Lawson Solofa	2013	Ipswich		
131	F	Tatiana Nicholls	2013	Barbell 4017		
227	M	Hendrix Dyke	2015	Bribie Island		
SESSION 4 / M81, 89,96, 102+					Weigh-in 11am-12pm Start 1pm	
19	M81	Harry Seaton	2010	Toowoomba	118	
20	M81	Cooper Ward	2009	Noosa Barbell	155	
95	M81	Levi Davidson	2008	Bribie Island	186	
246	M81	Samuel Honeywood	2008	North Brisbane	210	
296	M81	Charlie Hammond	2008	Berserker Barbell	150	
14	M89	Rhys Williams-Allen	2009	Whitsunday	130	
86	M96	Connor Hopgood	2008	North Gold Coast	180	
153	M102+	Hilton Im	2007	Cougars	210	
SESSION 5 / F64, 71, 76, 81, 81+					Weigh-in 1-2pm Start 3pm	
97	F64	Charli Baker	2008	Fraser Coast	96	
213	F64	Holly Souter	2008	Toowoomba	128	
243	F64	Saige Groves	2008	Cougars	153	
286	F64	Yasmin Aziz	2008	None	145	
108	F71	Harper Talbot	2008	Cougars	134	
157	F71	Lily Hayes	2008	Ipswich Weightlifting	110	
161	F71	Chasey Schulz	2010	Ipswich Weightlifting	70	
259	F71	Sadie Hayman	2010	Cougars	80	
192	F76	Eva Acaon	2011	None	83	
271	F81	Milla Shepherd	2008	Saints	106	
76	F81+	Chyanne White	2009	Cougars	70	