



Event Calendar

LIFT | COMPETE | REPEAT

2025

FEBRUARY

1	AKWL Club Challenge Round 1	Surfers Paradise
	Fraser Coast Club Challenge Round 1	Pialba
	Saints Club Challenge Round 1	Miles
8	Burleigh Club Challenge Round 1	Burleigh
	Rebuild Weightlifting Club Round 1	Capalaba
	TWA Club Challenge Round 1	Toowoomba
	WWC Club Challenge Round 1	Mt Marlow
11	Stay True Challenge Round 1	Gympie
	Ultra Weightlifting Club Challenge Round 1	Milton
15	Berserker Club Challenge Round 1	North Mackay
	Cougars Club Challenge Round 1	Cougars
	Dungeon Club Challenge Round 1	Cairns
	Ipswich Club Challenge Round 1	Ipswich
	MWC Club Challenge Round 1	Bowen Hills
	Noosa Club Challenge Round 1	Noosaville
	SCWC Club Challenge Round 1	Nambour
22	Bribie Island Club Challenge Round 1	Bribie Island
	LI FT Brisbane Club Challenge Round 1	Arana Hills
	Mettle Barbell Club club Challenge Round 1	East Brisbane
	NBWA Club Challenge Round 1	Nundah
	Storm Club Challenge Round 1	Cooper Plains
Thunder Club Challenge Round 1	Townsville	

MARCH

7-9	QWA State Masters	Miles
15	Cougars DK Duo	Cougars
	Burleigh Barbell Club Competition	Burleigh
28-30	QWA School Age Championships	NBWA & NQ

APRIL

3-5	Oceania Junior & Youth Championships	Melbourne AUS
5	Rebuild Weightlifting Club Competition	Capalaba
	Ipswich Weightlifting Club Competition	Ipswich
6	Body Express/Southside Storm Challenge	Helensvale
12	Dux Weightlifting Club Competition	Kelvin Grove
26	Burleigh Barbell Club Competition	Burleigh
26-30	Junior and Youth World Championships	Lima PER

MAY

3	Berserker Club Competition	North Mackay
10	Cougars Club Challenge Round 2	Cougars
15-18	AWF Masters Championships	TBA
24	Dungeon Club Challenge Round 2	Cairns
30-6 June	Junior World Championships	Tashkent UZB
31	Burleigh Club Challenge Round 2	Burleigh
	Mettle Barbell Club club Challenge Round 2	East Brisbane
	NBWA Club Challenge Round 2	Nundah
	Saints Club Challenge Round 2	Miles
	TWA Club Challenge Round 2	Toowoomba
	Ultra Weightlifting Club Challenge Round 2	Milton

JUNE

7	Berserker Club Challenge Round 2	North Mackay	
	Bribie Island Club Challenge Round 2	Bribie Island	
	MWC Club Challenge Round 2	Bowen Hills	
	WWC Club Challenge Round 2	Mt Marlow	
14	LI FT Brisbane Club Challenge Round 2	Arana Hills	
	Rebuild Weightlifting Club Challenge Round 2	Capalaba	
21	AKWL Club Challenge Round 2	Surfers Paradise	
	New Club event Challenge Round 2	TBA	
	Fraser Coast Club Challenge Round 2	Pialba	
	SCWC Club Challenge Round 2	Nambour	
	Thunder Club Challenge Round 2	Townsville	
	29-9 July	Oceania Senior Championships & Pacific Mini Games	Koror PLW

JULY

5	Southside Club Challenge Round 2	Meadowbrook
	Stay True Challenge Round 2	Gympie
	Ipswich Club Challenge Round 2	Ipswich
	Noosa Club Challenge Round 2	Noosaville
	Storm Club Challenge Round 2	Cooper Plains
	TWA Club Competition	Toowoomba

18-20	QWA State U12/U15 & Youth Championships	Capalaba
26	Dungeon Barbell Club Competition	Cairns

AUGUST

8-10	QWA State Junior & Senior Championships	TBA
25-31	Commonwealth Senior, Junior & Youth Championships	IND
30	Saints Club Competition	Miles
	SCWC Family Challenge (Members only)	Nambour

SEPTEMBER

4-13	IMWA Masters World Championships	Las Vegas USA
6	AKWL Club Challenge Round 3	Surfers Paradise
	Bribie Island Club Challenge Round 3	Bribie Island
	Dungeon Club Challenge Round 3	Cairns
	Mettle Barbell Club club Challenge Round 3	East Brisbane
	MWC Club Challenge Round 3	Bowen Hills
	NBWA Club Challenge Round 3	Nundah
	TWA Club Challenge Round 3	Toowoomba
13	Berserker Club Challenge Round 3	North Mackay
20	New Club Event Challenge Round 3	TBA
	Burleigh Club Challenge Round 3	Burleigh
27	Cougars Club Challenge Round 3	Cougars
	Ipswich Club Challenge Round 3	Ipswich
	LI FT Brisbane Club Challenge Round 3	Arana Hills
	Noosa Club Challenge Round 3	Noosaville
	Rebuild Weightlifting Club Challenge Round 3	Capalaba

OCTOBER

11	Storm Club Challenge Round 3	Cooper Plains
	WWC Club Challenge Round 3	Mt Marlow
17-19	Australian Youth & U15 Championships	TBA
18	Fraser Coast Club Challenge Round 3	Pialba
	Stay True Challenge Round 3	Gympie
	Thunder Club Challenge Round 3	Townsville
	Ultra Weightlifting Club Challenge Round 3	Milton
25	SCWC Club Challenge Round 3	Nambour
25-26	QWA Invitational	TBA

NOVEMBER

1	Dux Club Challenge Round 3	Kelvin Grove
9	Body Express Club Challenge Round 3	Helensvale
	Saints Club Challenge Round 3	Miles
	Southside Club Challenge Round 3	Meadowbrook
14-16	AWF Senior & Junior Championships	TBA
22	New Club Competition	TBA
	Dungeon Barbell Club Competition	Cairns
	Rebuild Weightlifting Club Competition	Capalaba
29	Bush Turkey Cup	Noosaville

DECEMBER

6	Cougars Cup	Cougars
	The Badger - NBWA	Nundah
	MWC Xmas Competition	Bowen Hills
	TWA Xmas Competition	Toowoomba
	Bribie Island Christmas Cup	Bribie Island
13	AKWL Xmas Competition	Surfers Paradise
	SCWC Bob Henderson Shield(Members Only)	Nambour
	Saints Xmas Competition	Miles
	Burleigh Barbell Xmas Competition	Burleigh
	Berserker Barbell Club Competition	North Mackay
	Thunder Barbell Club Competition	Townsville
	Stay True Xmas Competition	Gympie
TBA	IWF World Championships	Forde NOR

Disclaimer: Calendar correct as of 29/11/2024 - check website for dates before booking travel for events www.qwa.org

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