

# Queensland Pathways Blueprint Masterclass series: Common traits of outstanding Australian athletes

From Sport and Recreation Partnerships <sportrecpartnership@dtis.qld.gov.au>
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To QWA Office <office@qwa.org>



#### **Free webinar series**

We're excited to invite you to the second webinar in our Queensland Pathways Blueprint Masterclass series, hosted in conjunction with ClubIQ.

These high-calibre learning opportunities will give you insights from acclaimed industry experts, Olympic coaches and world-renowned sports psychologists.

Our goal is to support Queenslanders of all levels to realise their potential as coaches, officials, volunteers and athletes.

#### Webinar 2

### Common traits of outstanding Australian athletes: and why delaying specialisation is a good thing

with Professor Bruce Abernethy AM, Executive Director - 2032 Games

Engagement at University of Queensland

Join us on **Thursday 27 March** from 12:00pm - 12:45pm for a FREE webinar with **Professor Bruce Abernethy AM** to explore the common traits of outstanding Australian athletes and why delaying specialisation can boost long-term performance.

What you'll learn:

- the key traits shared by top-performing Australian athletes.
- why delaying specialisation leads to better outcomes for athletes.
- how to optimise athlete development strategies for sustained success.

Professor Abernethy, Executive Director at UQ and expert in athlete development, brings decades of experience in enhancing athletic performance and development. His insights will help you refine your approach to building successful athletes and programs.

This session is a must for coaches, parents, and sporting organisations looking to foster sustainable athlete growth and performance.

**Register here >>** 

## Coming up:

Check out the schedule for the Queensland Pathways Blueprint Masterclass series.

Show your organisation's support for Queensland's Pathways Blueprint by <u>signing up now</u>. Help take action and improve the sporting pathways experience for athletes, coaches, officials, administrators and volunteers across Queensland.

ClubIQ offers free, easy-to-use resources for Queensland sporting clubs. The ClubIQ series explores topics beyond governance, finance, volunteers and planning to bring you all things topical for clubs! These resources help club committees and volunteers deliver quality services to their communities. Join the Club!





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